

# Rooted Here Growing Together celebrating 50 years of community

his September, the Fairfield Gonzales Community Association (FGCA) is celebrating its 50th anniversary!

The FGCA has deep roots in this community. Since our beginnings in 1975 as a network of neighbours advocating for their needs, the FGCA has grown into an organization that makes life better for thousands of people each year. This incredible milestone is the result of countless contributions—neighbours gathering around kitchen tables to dream and plan, volunteers giving their time to strengthen our community, and staff creating positive experiences for children, families, and residents of all ages.

Our strength lies in how we work. We are not here simply to provide services—we are here to co-create our community with the people who live here. Everyone who has volunteered, attended an FGCA event, taken a yoga class, worked at a summer camp, or completed a survey has helped make the FGCA an indispensable part of Fairfield Gonzales life.

In these pages, you'll discover many ways to get involved and give back. We invite you to celebrate with us—building the community that we want to live, work, and play in for the next 50 years, and growing alongside the needs, hopes, and dreams of our neighbourhood.







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www.fairfieldcommunity.ca



FairfieldGonzales CommunityAssociation



@fairfieldcommunity

#### **CONTACT US**

1330 Fairfield Road Victoria BC, V8S 5J1 250-382-4604 place@fairfieldcommunity.ca

#### **RECEPTION HOURS**

9am—4:30pm Mon to Fri Closed Sat, Sun, Stat holidays

Want to stay up to date with neighbourhood news and events?

Sign up for our monthly e-newsletter at fairfieldcommunity.ca

Our neighbourhood of Fairfield Gonzales is located on unceded (never surrendered) territories of the Lkwungen peoples, now known as the Songhees Nation, the traditional stewards of this land. Our centre is committed to expanding our understanding and actions relating to truth and reconciliation.

# BECOME A MEMBER

Membership is free! As a member you will; have a say in who is elected to the Board, how the FGCA is governed (constitution and bylaws), be eligible to run for the Board and serve on committees. Visit our website and fill out our online membership form.

# CONTRIBUTIONS & ADVERTISING

If you would like to contribute an article, artwork, ad, idea or something else, email office@fairfieldcommunity.ca

The views expressed in the Fairfield Gonzales Observer do not necessarily reflect the views of the FGCA.

# **Giving Back to Your Community**

he Fairfield Gonzales
Community Association (FGCA) is
rooted in this neighbourhood and
growing with you into the next 50
years. Together, we can build the
kind of community we want to live,
work, and play in—a place our
children and grandchildren will be
proud to call home.

People in Fairfield Gonzales give back in many ways: by volunteering, donating food, organizing events and projects—and by making financial contributions. If you're able to support our work financially, here are some ways to give. All donations over \$25 are eligible for a charitable tax receipt.





**Charity Name:** Fairfield Community Association of Victoria (dba Fairfield Gonzales Community Association)

**Charitable Registration Number:** 128 210 259 RR0001

**Address:** 1330 Fairfield Rd., Victoria, BC V8S 5J1 **Phone:** 250-382-4604

Website:

www.fairfieldcommunity.ca

# **HOW WILL YOU GIVE?**

# **DONATE ONLINE**

Visit CanadaHelps.org and search for our name to make a one-time or monthly donation.

## **DONATE DIRECTLY**

Call us, mail a cheque, or visit the centre in person to make a donation.

#### SET UP MONTHLY DONATIONS

Monthly donations allow us to plan more effectively for the future. Contact us to set up automatic contributions from your bank account or visit CanadaHelps.org to set up monthly donations by credit card. Even \$5 a month helps!

#### **PAYROLL DONATIONS**

Ask your employer if they offer payroll deductions for charitable giving. If you're a provincial employee, you can donate through the *Provincial Employees Community Services Fund*.

# DONATE SECURITIES OR MUTUAL FUNDS

Gifts of securities or mutual funds are one of the most tax-efficient ways to give. You won't pay capital gains tax, which means your gift goes further. To donate, search our name on CanadaHelps.org and select "Donate Securities."

## PLAN YOUR LEGACY

Leave a lasting legacy with a planned gift. A gift in your will to Fairfield Gonzales Community Association will make a difference right in your neighbourhood and provide significant tax advantages. If you would like to make a provision in your will, discuss it with your lawyer or notary. If you'd like to discuss where you'd like to direct your impact, please get in touch!

# **GET INVOLVED WITH FUNDRAISING**

Support our fundraising efforts by attending events, baking a pie for the pie contest, or buying our swag! Check out our limited edition 50th Anniversary tote bags, designed by our Community Development Coordinator, Ashley Chun. Available at Fall Fairfield or at the centre for \$25.

# Join Our Board!

Join other community-minded individuals in helping to build a connected, collaborative, inclusive and sustainable community! We are eager to recruit individuals to stand for election to the Board at our October AGM.

Interested? Contact Vanya at 250-382-4604 or vmcdonell@fairfieldcommunity.ca



# From Drumming to Dinners: A Family Finds Belonging in Victoria

In June 2023, Kyrylo, Iana and their daughter Liza arrived in Victoria, leaving behind the uncertainty and danger of life in Ukraine. A musician and cobbler, Kyrylo wanted not only of safety for his family but also of a fresh start-somewhere they could rebuild, belong, and thrive.

As their departure approached, Kyrylo scrolled the internet, learning all he could about Victoria and what it has to offer, eager to get to know the community they were about to join. One post in particular caught his eye: a call out from Annalee, the summer camp manager at the FGCA, looking for musicians to engage with camp participants. Kyrylo reached out. That message sparked a conversation and opened the door to something bigger.

Once Annalee heard their story, she turned to the FGCA team. The FGCA got creative and were able to offer camp space for Liza, to help support the family while they began the work of settling in. While Kyrylo and Iana tackled piles of paperwork, school registration, and employment, - all without speaking English - Liza would be in camp, making friends and enjoying activities in her new city.

Fast forward two years and the

entire family speaks English with Liza proudly being the most fluent, often coaching her parents on their accent. They have all made friends through work and school, having people over to enjoy Kyrylo's delicious cooking.

"Generally, Canadians are quite....
soft, it's a good thing" Kyrylo reflects,
kindly. "It's not like this in Ukraine. If
you are poor, that's your problem.
Here, people help each other. It's
normal to help other people here."

Inspired by this approach Kyrylo and Iana decided they wanted to give back to the community that welcomed them in, to help build belonging for others. They started volunteering at the FGCA's community dinners, loved it, and ended up helping at every one for the whole year. If you visit the next round of Community dinners starting in October it's likely you will see them serving, washing, chatting, casually building belonging. They bring such cheer and enthusiasm to their roles, truly embracing community spirit, showing us that the community you want, is the one you make.

Find Kyrylo's cobbler services: @family.cobbler (Facebook)



Kyrylo serving up meals at Community Dinner

# Friends & Fulfillment at Community Pantry



Netta at Thursday Market Shop

Like many others feeling the pressure of rising living costs in recent years, Netta started exploring different ways to get groceries. She began visiting food programs around the city-community fridges, pantries, any place that would help stretch her dollars a little further.

She heard about the Thursday Market Shop at the FGCA, a program that rescues food nearing its expiry date from local businesses, lays it all out like a store, and invites people to "shop" for free. At 5pm shoppers draw numbers to determine the order, so if you're near the end, you find yourself standing in line for a bit. Waiting for her turn Netta did what comes easily to her: she started chatting.

A natural people person, Netta struck up conversations, shared stories, learned about people, had some laughs. Week after week, she saw the same folks and soon, the wait time became a social catch-

Eventually, she found herself coming early, just to chat with people. One day, she got there too early, found herself waiting alone, and thought: *Instead of sitting around doing nothing – I could help set up!* so, she offered to lend a hand and became a volunteer.

Now, Netta helps lay out the food, organize the produce, and greets everyone with genuine care. She's become part of the program's good energy, a friendly face who makes people feel seen, remembered, and welcomed.

"You don't know what kind of day someone's had," she says. "If you can just say hi, remember their name, make their day a little nicer, that's what it's about."

For Netta, Thursday pantry has become more than just handing out food. After a 30-year career as an esthetician with a loyal base of clients (many of whom became

lifelong friends) Netta took a spontaneous road trip out west and fell in love with the coast. She moved, leaving behind her family, friends and community. The pantry offered more than support, it offered belonging.

"Being here helped me realize I like to give," Netta says. "I might have come for food, but I stayed for the people."

Now, she knows everyone's name. And everyone knows hers. That kind of mutual recognition, the simple power of being *known*, is what community is all about.

At its heart, the Community
Pantry is more than free food. It's
a place where people come for
groceries and leave with
connection. For Netta, it's
become a weekly ritual of joy and
generosity - a place to be needed,
and to help others feel the same.

## **How We Can Help**

# Advocacy

on policy issues that affect our lives & communities

## Assistance

navigating provincial government & community resources & services

## Information

on provincial government policies & services

## Outreach

by promoting, attending, or speaking at community events

## Recognition

of unique contributions or milestones with congratulatory certificates & letters

#### We'd love to hear from you!





# **Grace Lore**

MLA for Victoria Beacon-Hill

# **Community Office**

1084 Fort Street Victoria, BC V8V 3K4 250-952-4211 Grace.Lore.MLA@leg.bc.ca





# WEEKLY ACTIVITIES at the FGCA

**EVENTS & WORKSHOPS** 

at the FGCA

Family Playgroup Lunch 0am-12:30pm\* donation 35 Thurlow Rd

MONDAY

# 9:30-11am\* tarts Sept 15 Essentrics

Sep 9-Dec 2 11/\$110 Registered class At For Everyone **Iyengar Yoga** All Levels 11am-12:30pm

The City of Victoria's Leisure Involvement For Everyone (L.I.F.E.) program improves access to recreation services and programs for individuals and families living on a low income. Get free drop-ins, credit toward programs and discounts. To apply drop by Crystal Pool crystalpool@victoria.ca

Zumba 5:30-6:30pm Sep 8-Dec 1 12/\$120 egistered class

Sogi 6:30-7:30pm Sep 8-Dec 1 12/\$120 egistered class

Royal Astronomy Society Club Volf Den, back of the GCA, Free stpres@victoria.rasc.ca

**ROOM** 

We have several spaces to rent including a few classroom sized rooms, our large Garry Oak room for up to 100 people standing, and a commercial kitchen.

See our website for our rates, availability and how to submit a booking request.

FREEBIE NIGHT FOR **COMMUNITY GROUPS** 2nd Monday of the month, 7-9pm, rental by donation

If your workshop, meeting, event, gathering or info session, is public and free to attend, you can book for free. Rooms are classroom sized and can accommodate up to 30 people. 250-382-4604 to book

# **TUESDAY**

**Parent & Tot** Playgroup

Drop-in, by donation 1330 Fairfield Rd. Starts Sept 16

9:15-10:15 am

Sep 9-Nov 25

Registered class

**Iyengar Yoga** 

Sep 9-Nov 25

Registered class

**Unwind Knitting** 

**Beginner Hand** 

**All Levels** 

5:30-7pm

10/\$150

Club

7-8:30pm

Starts Oct 7

**Drumming** 

Sept 9-23

Registered dass

10/\$150

Yoga & Pilates **Active Aging** 9-10am Sep 17—Dec 3 12/\$156 Registered

**Seated Dance** 

Oct 8-Nov 26

Registered class

Move with Me

11:15am—12pm

Oct 8-Nov 26

Pick up

8/\$60 Registered

www.thegoodfoodbox.ca

**Zumba Toning** 

5:30-6:30pm

Sep 10-Dec 3

Registered class

13/\$130

dance for ages 2-4

NEW!

NEW!

8/\$60

**NEW!** 

10:15-11am

WEDNESDAY

1335 Thurlow Rd.

Starts Sept 18

Ivengar Yoga

11:45am-12:45pm

Sep 11-Nov 27

Registered class

12/\$144

Support & Restore

by donation

Drop-in

Kindergym

**THURSDAY** 

Family Drop-ins are closed during School District 61 Pro-D days breaks and statutory

**FRIDAY** 

**Moss St. Farmers** Saturdays 10-1pm Nov-April 10-2pm May-Oct Thurlow & Moss St

**WEEKEND** 

mossstreetmarket.com

**Gentle Chair** Yoga 11:30am-12:30pm Sep 19-Dec 5 10/\$130

**Registered class** 

**Iyengar Yoga Beginner** 1-2pm Sep 11-Nov 27

Registered class

Hatha Yoga

5:45-6:45pm

Registered class

Oct 9-Dec 11

10/\$110

Good Food Box **Thursday Pantry** Shop 1:30-4:30pm 5pm Drop-in, Free. Order your box online Recued food shop

12/\$144



G.O.A.T Zone Youth Drop-in Grades 6-8 6:30-9pm \$5 /visit Starts October

Somatic Yoga 6:30-7:30pm Sep 10—Dec 3 13/\$130

Drop-in-Evening

**Net sports coming** 

in October

updates!

see website for

Spanish for Travellers | 6:30-8:30pm Oct 2-Nov 6 Registered class Registered class

> Level 2 Hand Drumming pm-9pm Sept 11-25 /\$90 Registered dass

REGISTER ONLINE

fairfieldcommunity.ca For registered classes see our website for detailed course informat

# **Narcotics** Anonymous 7:30—8:30pm Drop-in

Everyone welcome

# **CHILDCARE**

**Huckleberry Infant Toddler** 10-36 mths | Full Day | \$10/day Camas Early Years Centre

2.5 -5 yrs | Full Day | \$10/day **Moss Rock Preschool** 3-5 yrs | Half Day | \$10/day

**Before & After School Care** Grades K-5

Fairfield-Sir James Douglas & Margaret Jenkins Schools Cost varies based on enrollment





Clothing Swap First Saturday of the month

OCTOBER 4 **NOVEMBER 1** DECEMBER 6

10am-1pm By donation 1330 Fairfield Rd. Give away clothes, pick up new ones!



Art at the Place SEP. Crystal Millions

OCT. FGCA Staff Show NOV. Tereza Allen

9am-5 pm Mon-Fri 1330 Fairfield Rd.

Visit our foyer to see art by local artists.



Community Dinners 2nd Friday of the month

OCTOBER 10 **NOVEMBER 14** 

6-7:30 pm 1335 Thurlow Rd. \$5 suggested donation. Stay & eat, or bring your container for take out.

**15TH ANNUAL** 



Repair Cafe Saturday

OCTOBER 4

2-5pm By donation 1330 Fairfield Rd.

Drop by and get your broken items repaired by volunteer fixers!



Paint Night Thursday

SEP. 18 Octopus OCT. 30 Glowing Pumpkins NOV. 20 Pour painting gift boxes and canvas painting DEC.11 Snowman

6:30-9pm 1/\$40, Registered class Unleash your inner artist!

Food Forest

**Work Parties** 

Help us grow the garden,

Check our website for dates

www.fairfieldcommunity.ca

learn about plants and

sustainable harvesting.

Everyone Welcome, no

experience needed!

Porter Park

and times.



Saturdays

OCTOBER 18

2:15-3:30 pm Free. 1330 Fairfield Rd. A chance to chat with a complete stranger. www.westcoastspeaks.ca



Meet A Stranger

**NOVEMBER 15 DECEMBER 20** 



Pair ried



Meeting Monday OCTOBER 27 7pm-8:30pm

Everyone is welcome to the FGCA's Annual General Meeting. We will celebrate our accomplishments of the last year and members will vote for our board of directors.



# 50 years of the FGCA photos from the archives



# PETE HARTMAN TAX SERVICES

# Complete Tax Preparation Service

From simple returns to complex portfolios, we provide professional tax preparation for all situations. Our comprehensive service adapts to your specific needs.

# What We Offer

- Effortless filing process that lets you get on with life while we handle the details
- Expert knowledge of the latest tax laws and updates that affect your return
- Meticulous attention to detail ensuring accuracy in every filing

# 380 Cook Street, Victoria, BC V8V 3X7

# Who We Help

- Investors managing multiple income streams
- Business owners and self-employed individuals
- People with side income or complex tax situations

250-410-2144

# Community Spotlight Award by West Coast Speaks

Kindness is contagious and that one simple act of compassion can ripple out and touch countless lives. The Community Spotlight Award celebrates those remarkable individuals whose warmth, generosity, and humanity inspire others and strengthen the heart of our communities.

#### You can nominate someone who:

- ★ Acts with Kindness and Compassion
- ★ Regularly extends care, empathy, or support to others in ways big or small.
- **★**Builds Community
- ★ Helps foster a sense of connection, belonging, and kindness within their neighbourhood, workplace, or social circles.
- **★**Leads by Example
- ★ Serves as a positive role model, showing others what it means to live with integrity, heart, and generosity.
- ★ Spreads Joy and Peace
- ★ Brings light into the lives of those around them through simple acts of warmth, encouragement, and joy.

- **★**Inspires Others
- ★ Demonstrates through words or actions that no act of kindness however small - is ever wasted, as each one ripples outward to lift an entire community.

#### Who can be nominated?

Anyone! A neighbour, coworker, friend, barista, coach, teacher, or stranger you witnessed making a difference.

#### Why it matters:

This is about celebrating everyday heroes, those whose good deeds and open hearts help build a more connected, compassionate world - one act at a time.

If you would like to nominate someone, reach out to West Coast Speaks with as details about your chosen nominee. info@westcoastspeaks.ca

More info at www.westcoastspeaks.ca/communityspotlightinfo

# amaze

ACTIVE HEALTH

Join us for Kinesiologist-led

# **AQUATHERAPY CLASSES**

at the

#### Victoria Athletic Club

Hotel Grand Pacific, 463 Belleville Street

Monday, Tuesday, Thursdays at 9:30am



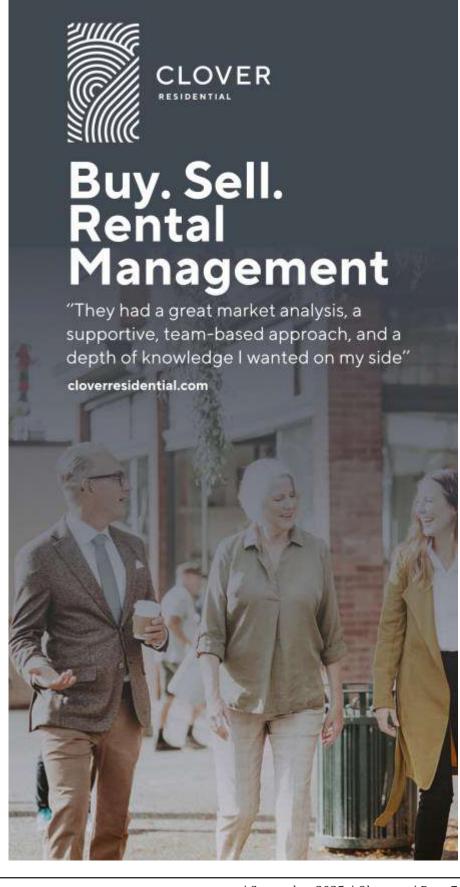
Contact us to book your Kinesiology assessment prior to starting class.

Call 250.686.0899 www.amazeactivehealth.ca









# Draw what you want your neighbourhood to look like in 50 years!



Flying cars, modern houses, roof gardens, people will wear jet packs, post selfies. Hopefully there are birds and rainbows!

Luna >>

My family to still have houses close

to eachother

<< Cecilia



I want my neighbourhood to have to have a mix of old and new homes, space cars and leermas Nico>>

Robots, flying cars, loving and not hating and teamwork!



Rainbow House







FAIRFIELD GONZALES



I want my neighbourhood to have neighbours in it Evan >>

In 50 years? Ghosts!



I want my neighbourhood to be full of Rainbows and Cats Noelle >>

Lots of Candy, chocolate, Caramel and Cotton Candy. Multicoloured World! << Sephira





