

## **FGCA Recreation COVID-19 Safety Plan**

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### **SUBJECT TO CURRENT PUBLIC HEALTH ORDERS**

#### **Vaccination Policy**

Required:

- All of our adult recreation classes require proof of full (minimum 2 doses) vaccination

Not Required:

- All children's recreation programs (11 years and under)

#### **Mask Wearing and Other Requirements**

As per the updated provincial health order all people in BC 5 yrs. and older must wear masks in all indoor public spaces.

- Masks are not required while exercising however are required in "common areas of sport and fitness centres when not engaged in physical activity." Masks are not required during sport.
- Participants must wear a mask while participating in non-sport and non-fitness related activities. These include, and are not limited to, pottery classes, music classes, and other non-exercise programs.
- Face shields are not an accepted substitute for a face mask.
  
- DO NOT come to class if you feel unwell or have any of the following symptoms: fever, new or worsening cough, shortness of breath, sore throat, runny nose/sneezing, nasal congestion, hoarse voice, difficulty swallowing, decrease or loss of sense of smell or taste, chills, unexplained or unusual headache, unexplained fatigue/malaise
- Please bring your own water
- Please practice good hand washing hygiene

Children between the ages of two and five are highly encouraged to wear masks. Children under two, and those that cannot put on or remove a mask without the assistance of others are exempt from the mask requirement.

#### **Drop-In Programs**

The FGCA will **not** be offering any drop-in recreation activities. All recreation programs will require registration and proof of vaccination.

#### **Cleaning and Disinfecting of Facility**

Frequently touched surfaces (those touched by larger numbers of people) are cleaned and disinfected at least 2 times per day

Practices are in place to clean and disinfect frequently touched surfaces when they are dirty.