

MAY
JUNE
JULY



FAIRFIELD GONZALES
COMMUNITY ASSOCIATION
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Observer

FGCA PROGRAM GUIDE & COMMUNITY NEWS

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www.fairfieldcommunity.ca
1330 Fairfield Rd. Victoria BC V8S 5J1
place@fairfieldcommunity.ca 250-382-4604



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Connect with us...

- 1330 Fairfield Rd, Victoria BC, V8S 5J1
- 250-382-4604
- www.fairfieldcommunity.ca
- place@fairfieldcommunity.ca
- Facebook.com/FairfieldGonzalesCommunityAssociation
- @Fairfield_Comm
- @fairfieldcommunity

Reception Hours

Monday to Friday 9:30 am - 4:00 pm
Saturday & Sunday closed

Our Mission

“To create a connected, collaborative, inclusive and sustainable community.”

E-Newsletter

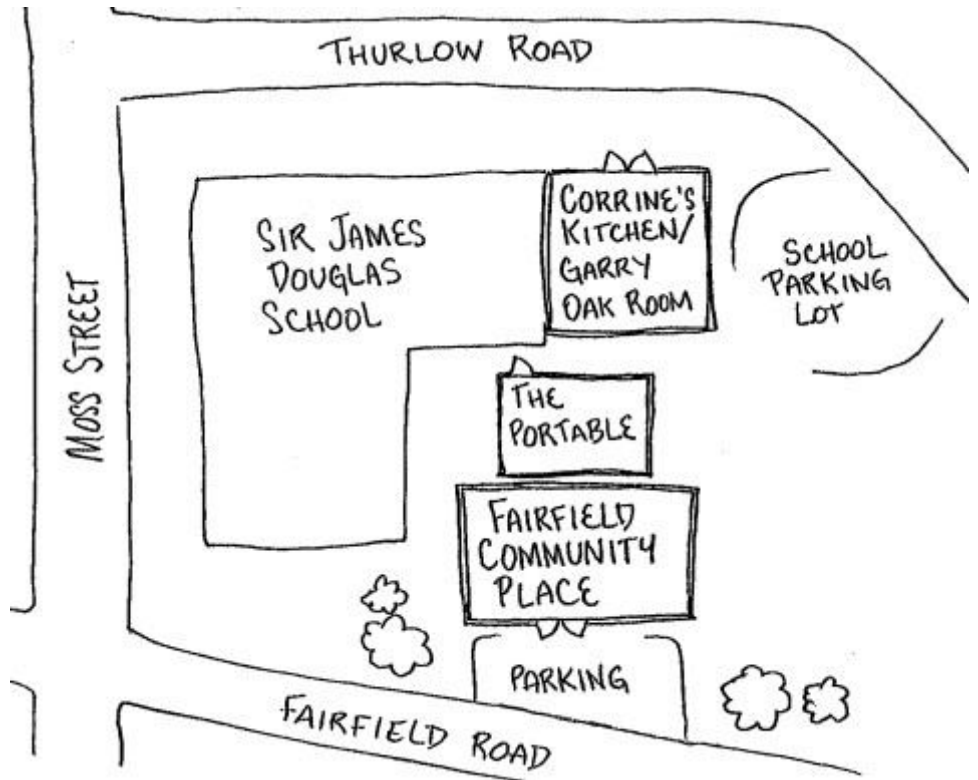
Sign up for our monthly E-news. Email place@fairfieldcommunity.ca and receive updates on upcoming events, programs, community news and information on ways to get involved.

Registration

We accept Visa, MasterCard and American Express over the phone. Walk-in registrations may also be paid during office hours with credit card, cash, cheque or debit. Registration is on a first come, first serve basis. All fees must be paid in full at the time of registration in order to confirm a space in the program. All programs are subject to change and programs with insufficient registration are subject to cancellation. If a program does not have a minimum number of participants registered five working days prior to the program's start date, the program may be cancelled and a full refund or credit will be issued.



The Fairfield Gonzales Community Association receives financial support from the City of Victoria.



Who is the FGCA?

The Fairfield Gonzales Community Association (FGCA) is a charitable society established in 1975 by a group of dedicated residents. We are governed by a Board of Directors and provide services to over 20,000 users annually. The FGCA runs Fairfield Community Place, a neighbourhood hub for programs and services, at 1330 Fairfield Rd. Drop by and see us!

FGCA BOARD OF DIRECTORS

Anna Phelan	Bryan Rowley	Julia Warren
Brian Vatne	Dave Thompson	Michael Hirsch
David Molinski	Don Monsour	Scott Davis
Joanna Fox		Quinn Fletcher

BECOME A MEMBER OF THE FGCA

Membership is free! As a member you will; have a say in who is elected to the Board, have a say in how the FGCA is governed (constitution and bylaws), be eligible to run for the Board and serve on committees. Visit our website and fill out our online membership form, or drop by the office for a paper copy.

FAIRFIELD GONZALES

Observer

since 1977

FAIRFIELD GONZALES

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Advertising Rates (not including GST)

Full Page may be considered if space is available. 10.25" wide 16" tall \$450.00	Quarter Page 5" wide 8.25" tall \$170.00
Banner 10.25" wide 3" tall \$160.00	
Half Page 10.25" wide 8.25" tall \$270.00	
Vertical Business Card 2" wide 3.3" tall \$40.00	Horizontal Business Card 3.3" wide 2" tall \$40.00
	Double Business Card 3.3" wide 4" tall \$70.00

PUBLICATION CALENDAR
circulation of 5000 per issue

SUBMISSION DEADLINE	PUBLICATION DATE
January 15th	February 1st
April 15th	May 1st
July 15th	August 1st
October 15th	November 1st

DISCOUNTS
20% discount for a year commitment (4 issues)

SPECIFICATIONS
Print-ready ads in JPEG format, all pictures at 300 dpi. All ads are grayscale for black and white.

CONTACT
office@fairfieldcommunity.ca
250-382-4604

ABOUT
A community newspaper highlighting neighbourhood news, events and businesses. It's the place to find information on FGCA programs and services.

PUBLISHED BY
Fairfield Gonzales Community Association
1330 Fairfield Rd. Victoria BC.

TERRITORY ACKNOWLEDGMENT

We acknowledge that the Fairfield Gonzales Community Association is on the unceded Coast Salish Territories, specifically of the Lekwungen and WSÁNEĆ Peoples.

Early Childhood

Huckleberry Infant Toddler Centre

10 - 36 MONTHS
Our Early Years programs embrace a pedagogy of practice. We recognize that knowledge is ever-changing, and we are committed to evolving our practice to meet the needs of children and families in our care. Our educators are committed to reflective, and responsive care in which individuals learn about themselves through interactions within the larger world.

Monday to Friday, includes daily snack
8:00am - 5:00pm **\$965/month**
Year round + **\$30 one time administration fee**
8 children
3 Early Childhood Educators
Eligible families may apply for government subsidy.
huckleberry@fairfieldcommunity.ca

Camas Early Years Centre

3 - 5 YEARS
We view children as individuals with their own ideas, cultural beliefs, abilities and interests, and strive to provide a safe and stimulating environment. Our programming focuses on the group interests and allows children to discover and learn at their own pace and develop their own individual and collective interests. Children have a desire to grow, play and learn, as well as to explore and construct knowledge about the world around them through peer interactions and play based experiences.

Monday to Friday, includes daily snack and Friday lunch
7:30am - 5:30pm **\$860/month**
Year round + **\$30 one time administration fee**
16 children
3 Early Childhood Educators
Eligible families may apply for government subsidy.
camas@fairfieldcommunity.ca

Moss Rock Preschool

3 - 5 YEARS
Join us in our licensed child-guided Preschool taught by our superb Early Childhood Educators. Our goal at Moss Rock Preschool is to provide educational opportunities of exploration in a number of areas, including nature, community, art and social interactions. Our focus is heavy on exploration-based learning in a warm, diverse and nurturing environment. We are a primarily an outdoors preschool, spending 2-3 hours outside every day. Our Educators pay close attention to the choices their preschoolers make and continue to create an evolving program that best suits the children's individual needs.
Monday to Friday **Tue & Thurs \$220/month**
9:00am - 1:00pm **Mon, Wed & Fri \$265/month**
Sept - June **5 days/week \$435/month**
+ **\$30 one time administration fee**

17 children
1 Early Childhood Educator +1 E.C.E. Assistant
Children must be able to use a toilet independently.
Eligible families may apply for government subsidy.
mossrock@fairfieldcommunity.ca

Family Programs

OUTDOOR FAMILY TIME
0 - 5 YEARS
We hope you will join us for outdoor circle times, blowing bubbles, digging, planting, neighborhood walks and more! All adults must wear a mask and sanitize their hands upon arrival. Snacks will not be offered at this time but please feel free to bring your own snacks and water bottle. We can't wait for you to join us!
Families must register by calling 250-382-4604.
Tuesdays 9:30am - 11:30 am
May 4 - 25 **4/free**
Jun 1 - 22 **4/free**

Thursdays 9:30am - 11:30 am
May 6 - 27 **4/free**
Jun 3 - 24 **4/free**

Recreation

RICHARDSON SPORT PARENT & CHILD SOCCER
2 - 3 YEARS
This high-energy Soccer program introduces you and your child to fundamental soccer skills. Leaving competition on the sidelines, this program uses connections to your child's world to teach the game of soccer. Instructors will ensure that your child experiences the joy of playing soccer.
Mondays, 5:00pm-5:45pm
Jul 5 - Aug 30 (no class Aug 2) **8/\$112**

Wednesdays, 5:00pm-5:45pm
Jul 7 - Aug 25 **8/\$112**

RICHARDSON SPORT SOCCER STARS
4 - 6 YEARS
This high-energy Soccer program introduces you and your child to fundamental soccer skills. Leaving competition on the sidelines, this program uses connections to your child's world to teach the game of soccer. Instructors will ensure that your child experiences the joy of playing soccer.
Mondays, 6:00pm-7:00pm
Jul 5 - Aug 30 (no class Aug 2) **8/\$120**

Wednesdays, 6:00pm-7:00pm
Jul 7 - Aug 25 **8/\$120**



School Age

Out of School Care (OSC)

We offer licensed care for children who attend Sir James Douglas and Margaret Jenkins Elementary Schools.

BEFORE SCHOOL CARE
7:30am - school start
5 days a week \$115/month, \$65 for Kindergartners
Drop –in, based on availability \$10/day

AFTER SCHOOL CARE
school dismissal - 5:45pm
5 days a week \$335/month, \$285 for Kindergartners
3 days a week \$265/month, \$235 for Kindergartners
2 days a week \$215/month, \$195 for Kindergartners
Drop–in, based on availability \$25/day

BEFORE + AFTER SCHOOL CARE
7:30am - school start + school dismissal - 5:45pm
5 days a week \$400/month, \$300for Kindergartners
3 days a week \$320/month, \$260 for Kindergartners
2 days a week \$260/month, \$220 for Kindergartners

PRO-D DAYS
8:00am-5:30pm \$ 40/day

Fairfield (Sir James Douglas) OSC
ffosc@fairfieldcommunity.ca

Margaret Jenkins OSC
mjosoc@fairfieldcommunity.ca

Youth Programs

YOUTH ZONE
GRADES 5, 6, 7
The Youth Zone is an after school program where YOU have a say in what we get up to! Games, art, cool projects, cooking, baking, sports, awesome out trips – this is just the beginning. The Youth Zone is a fun and safe space for you to hang out with friends and develop your confidence and independence. Here you'll get to build skills, explore new territory, nurture your creativity, learn from community mentors, develop leadership and a sense of empowerment. Our space features comfy couches, craft supplies, books, games, sports equipment and a computer with internet access.
Mondays, Tuesdays, Wednesdays after school-5:30pm
Sep - Jun **\$205/month, includes Pro-D Days**

CHILL ZONE DROP - IN
GRADES 5 - 9
Our space features comfy couches, craft supplies, books, games, sports equipment, a Wii , Xbox Station, and a computer with internet access.
Thursdays & Fridays **after school - 5:30pm**
Sep - Jun **by donation, suggested \$2/visit**
youth@fairfieldcommunity.ca



Summer Camps

5* - 12 YEARS **Must have completed kindergarten*
Join us each week for non-stop action and fun. We will be enjoying different themed activities, out trips and guests each week. Our camps are child-focused and activities are driven by the children and their interests. The goal of each week of camp is to facilitate exciting experiential learning and make meaningful connections within our community through projects, give-back opportunities and teachable moments. Of course there are also plenty of opportunities to be silly, get messy and chill with friends!
Check our webpage for availability and registration info
8:00am – 5:30pm, Mon-Fri **5/\$195**
Week 1: **Jul 5-9** Let's Get Moving **5/\$195**
Week 2: **Jul 12-16** Art Attack #1 **5/\$195**
Week 3: **Jul 19-23** Sports **5/\$195**
Week 4: **Jul 26-30** Oceans of Fun **5/\$195**
Week 5: **Aug 3-6** Scientific Discoveries **4/\$160**
Week 6: **Aug 9 -13** Wildlife **5/\$195**
Week 7: **Aug 16-20** Art Attack #2 **5/\$195**
Week 8: **Aug 23-27** Summer Camp Survivors **5/\$195**
Check our webpage for availability and registration info

childcare@fairfieldcommunity.ca

Adult Recreation

Fitness & Health

COVID-19 UPDATE

We are monitoring Provincial Public Health restrictions and announcements very closely. When is safe to re-open fitness classes our instructors will be ready. Please check our website for updates.
www.fairfieldcommunity.ca

FITKIZOMBA - NEW!

Instructor: Isabel Santos

A dance-fitness program inspired by Kizomba and Tarraxinha music and dance technique. You will learn dance steps that can be described as a slower, romantic, and more sensuous rhythm. Kizomba is a beautiful dance that originated from Angola with mostly Caribbean music influence. FitKizomba focuses on muscle engagement including: strengthening of the core and muscular endurance. Besides the physical benefits you will gain happiness, self confidence, sexiness, and feminine empowerment!

6:45pm-7:45pm

See our website for dates & fees

WORKSHOP

DANCE SOQI: LEVEL 1 - NEW!

Instructor: Isabel Santos

This new class is created and taught by Isabel Arias Santos. If you would like to have fun, feel more peaceful, and feel free of pain then this is the class for you. This class is broken down into three parts: First, you will practice Qigong exercises for shifting your energy; next, you will learn dance moves (Salsa, Salsa Choque, Cha Cha Cha, and Merengue) with Isabel breaking down the steps; and lastly, you will finish with Somatic yoga and clinical somatic movements for lengthening your muscles.

6:00pm -8:00pm

Friday, June 4

1/\$40

ZUMBA

Instructor: Isabel Santos

Join us for one of the fastest growing Latin dance-inspired fitness crazes across the world! People of all ages are falling in love with its infectious music, easy-to-follow dance moves and body-sculpting benefits. Come dance to the rhythms of Salsa, Merengue, Mambo and other Latin beats.

Mondays, 5:30pm - 6:30pm

See our website for dates & fees

ZUMBA – TONING

Instructor: Isabel Santos

This is an innovative muscle training program with the addition of light weight toning sticks. In a relatively short period of time, this challenging workout helps in building coordination and muscle endurance. This class is open to everyone, no previous dance or ZUMBA® class experience necessary.

Wednesdays, 5:30pm - 6:30pm

See our website for dates & fees



YOGA - IYENGAR SUPPORT & RESTORE

Instructor: Lauren Cox

Join us for an hour of gentle yoga in the Iyengar method. A practice to support and restore. Due to Covid, we ask that all participants bring their own mat, straps, and 2 towels or 2 blankets. Limited loaners.

Thursdays, 12:00pm - 1:00pm

See our website for dates & fees

YOGA - IYENGAR ALL LEVELS

Instructor: Lauren Cox

The Iyengar approach to Hatha Yoga encourages a balance between flexibility, strength and endurance. Emphasizing correct body alignment and precision; enjoy a sense of well being and increased relaxation. Due to Covid, we ask that all participants bring their own mat, straps, and 2 towels or 2 blankets. Limited loaners.

Tuesdays, 11:00am - 12:30pm

See our website for dates & fees

Tuesdays, 5:45pm - 7:15pm

See our website for dates & fees

YOGA - IYENGAR, BEGINNER FRIENDLY

Instructor: Lauren Cox

Please join this beginner friendly Iyengar yoga class to learn the basics. Iyengar yoga is a practical philosophy and system of postures, promoting physical and mental wellbeing. It is an effective antidote to the stresses of modern life and encourages a fit & supple body. Not only does yoga tone the body and improve posture and alignment, but will stimulate the circulation, develop powers of concentration, and help with breathing. In turn, this will help control tension & calm the mind. Due to Covid, we ask that all participants bring their own mat, straps, and 2 towels or 2 blankets. Limited loaners.

Thursdays, 5:45pm-7:15pm

See our website for dates & fees

SOMATIC YOGA

Instructor: Isabel Santos

Somatic yoga is a ground breaking way to release chronic muscle contraction that creates your pain. You can feel free of pain with somatic movements that are slow, gentle, but effective. Such movements re-educate the brain so that it can relax and move your muscles more functionally. Through somatic yoga, you will improve range of motion, flexibility, and posture. The magic of Somatic is the slowness of the movements. It is a body-mind integration that will help you relax and develop an increasingly positive attitude!!!

Wednesdays, 6:45pm- 7:45pm

See our website for dates & fees

What would it take for you to see yourself as whole?

Maybe just this one minute here. Take a gentle, deep breath in and imagine yourself as good enough. No fixing needed, you are simply complete. Then a long breath out. Be in your wholeness.

Now close your eyes and feel yourself as whole for 50 more seconds. You got this.

Maximilian | 6-900 Park Blvd. | Victoria | 778 587 8382



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LIFE Program

Making recreation affordable for our community



Contact the Recreation Centre where you live for more information.

The LIFE program provides a combination of annual credit and free drop in visits to eligible low-income individuals and

Community Inspiration Project ~ Asset Map Legend

by *Virginie Raimbaud, FGCA staff*

A group of Fairfield Gonzales residents have come together and created an innovative tool to connect community members together, and inspire them to improve the local quality of life! A map of community assets is now available online and in a printed version, find it in our building and in various neighbourhood locations! In the summer 2019, the Streetlife Committee decided to develop an asset-mapping project. The larger goal was to engage and inspire the community around what is positive in the neighbourhood. Local residents and stakeholders could submit feedback about how to keep improving the quality of life in Fairfield Gonzales. Each neighbourhood has its particular assets, whether they are natural, built, economic, social.... Bringing value to where we live!

on the next page find all these assets on the map...

- Natural Assets (green):** *things we have in our natural environment that inspire us – like our water availability, trees, gardens, wildlife, fertile soil, etc. These sources of inspiration are a source of gratitude for a place we are fortunate to visit and call home!*
- 1. Boulevard Gardens:** “nice boulevard gardens - well-established ones & others that are new. Inspiring for gardeners!”
 - 2. Brighton & Maddison Greenways:** “a peaceful greenery”
 - 3. Brighton Avenue Garden:** “flowers and garry oaks in the middle of the avenue”
 - 4. Brighton Garry Oak mini-meadow & trail connector:** “trees, rocks, trail - gives you a little taste of what awaits further east along the Brighton Greenway, as it goes through Oak Bay to Windsor Park & the Marina & shoreline
 - 5. Gonzales Beach:** “a great spot to practice meditation. There is also a ramp down to the beach which increases accessibility”
 - 6. Gonzales Hill Park:** “great trails & views”
 - 7. Maddison mini-meadow and pollinator garden:** “Beauty”
 - 8. Moss Rock Park:** "a beautiful walk up and peaceful vista to see mountains, ocean, and our beautiful community. On clear days, Mt Baker is even visible!
 - 9. Pemberton off-leash dog park, sports fields and forest:** “friendly place where dog owners meet up for social visits; Teams also play soccer and baseball”
 - 10. Robert J. Porter Park:** "on south east side a lovely Garry oak meadow full of Camas, Western buttercup, Fawn and Chocolate lilies”
 - 11. Ross Bay:** “walking along Ross Bay is inspiring. A light show in the clouds above Clover Point, and deer bedding down in the cemetery bring awe, and calm”
 - 12. Sequoiadendron tree / Old Ben Mosser:** “everytime I go by there, I get warm & fuzzy”
- Built Assets (blue):** *physical structures like buildings and public infrastructure (community sites, recreational facilities, water infrastructure, etc.) that deliver good vibes filled with community inspiration!*
- 13. Beacon Hill Park Petting Zoo & Play Area:** "natural beauty and trails, wildlife (peacocks), native artwork (world's largest totem pole), and views of Washington's Olympic mountains. Teaching my kids to bike through the paths at Beacon Hill Park: having most of the roads closed to traffic makes it even better."
 - 14. Beacon Hill Story Pole:** world’s tallest free standing
 - 15. Beacon Hill Tennis Courts:** “great to get your exercise with others”
 - 16. Christ Church Cathedral:** “outstanding place; doors are almost always open allowing for people to meet and view the beauty inside”
 - 17. Cook Street Playground and Outdoor Fitness Circuit:** “nice place for children to come, have fun, and meet people”
 - 18. Eberts Park:** “close to the beach, people come by and donate toys! Dog-friendly too”
 - 19. Fairfield Boulevard Garden:** “open to the public – has berries and other good greens”
 - 20. Fairfield Food Forest:** “symbol for what we all could be doing for gardening. It gives the community an educational perspective; and instills a sense of equity and long-term sustainability of the project. More projects like this could exist in our community”
 - 21. Hollywood Park Ball Park:** “You can come and watch, keep score, buy candy, or PLAYYYY BALLLL!”
 - 22. Olive Street Commons/Free Little Library:** “underdeveloped lot with trees. Has kid-focused activities, a little library, and is a natural open space. There are tire-swings, ropes, and it is also for adults!”
 - 23. Pirate Park:** “underdeveloped space. A greenfield – a great spot for small kids”
 - 24. Ross Bay Cemetery:** “historical component to it; Emily Carr’s grave is there”
 - 25. St.Ann's Academy (B2):** historic site; buildings & gardens

- Social Assets (yellow):** *values and culture of the community, including traditions and attitudes of sharing, cooperation, and mutual support. These identified sources of inspiration help to cultivate a sense of community and belonging for residents of or visitors to our neighbourhoods.*
- 26. Clare Street Shared:** “Victoria's first shared street. Also, an annual block party, Christmas caroling, and more. A real community”
 - 27. Dallas Road Running Group:** “run group meets at Clover Point @ 8am on Saturday. About 50 people get together for a 5 KM walk or run of varying levels and experience”
 - 28. Fall Fairfield:** “free, family-oriented, community festival located in the heart of Fairfield at Porter Park. It is a celebration of community and the harvest season with live performances, workshops, and local vendors”
 - 29. Maddison St annual block party:** “food, games, music, fun every

- summer”
- 30. Joseph Garden Cottage:** lush & regenerative front yard & boulevard raised vegetable and flower garden; Tiny Garden Tour hospice fundraiser”
- 31. Moss Street Market:** “place where relationships form; great live music & access to local and organic food and produce. A place to support local shopping – and this venue brings community together”
- 32. Moss Street / TD Art Gallery Paint-In:** “brings 1/3 of the population of Victoria to see the art of local artists; also promotes sense of ‘car-free’ in our community”
- 33. November Project Victoria:** “free Morning workout group: 6:29am – 7:29 am Wednesday mornings outside Beacon Hill Children’s Farm; huge hub for community-building which extends onto the global scale, having morning workout groups all around the world.
- 34. Repair Café:** “neighbourhood initiative that promotes repair as an alternative to tossing things out”
- 35. Victoria Lawn Bowling:** “historic place to see friends, make friends, and get fresh air and exercise”

- Economic Assets (red):** *businesses and jobs which provide livelihoods. These assets not only deliver us valued services, they do so with a touch of community inspiration!*
- 36. Beagle Pub:** “always have a good time”
 - 37. Big Wheel Burger:** “founded on the idea that FAST food didn’t have to mean JUNK food; thought into every step, from what they serve to customers, to how they run their shops and how they impact the environment and local communities”
 - 38. Cottage Bakery:** “Pain au chocolat & almond croissants are AMAZING! It is a great destination for dessert or something sweet”
 - 39. Fairfield Bicycle Shop:** “friendly, helpful, laid back - new and used bikes, and repairs. Helping to promote biking as a viable form of transportation”
 - 40. Harry’s flowers:** “always find a nice bouquet”
 - 41. Hemma Yoga Studio:** “a community space for wellness; yoga, mindfulness, and acupuncture; sliding scale for acupuncture”
 - 42. Hot & Cold Café:** "I like to meet my friends at the Hot and Cold cafe, cozy and the food is really good!"
 - 43. Moss Street Health Care:** “friendly atmosphere for getting your health needs met!”
 - 44. Paws on Cook Pet Store:** “All of our 4 legged companions are looked after; team welcomes fur beings and human beings with smiles and heaps of knowledge; owners also support the community by recognizing social issues and participating when possible”
 - 45. Pitstop Bikes Victoria:** “hats off to Guillermo at Pit Stop Bikes on Cook”
 - 46. Red Barn:** “constant, rock-solid presence in our community”
 - 47. Ross Bay Pub:** “every time I walk in there, I see someone I know. It’s like Cheers”
 - 48. Savoury Café:** “great coffee, sandwiches and more”
 - 49. Thrifty Foods Fairfield:** “excellent job of taking the risk out of getting groceries by monitoring access; friendliest staff on the front door to welcome everyone to a safe space for shopping”
 - 50. The Village in Cook Street Village:** “Saturday breakfast at Village on Cook Street. Nothing else needs to be said”
 - 51. White Heather Tea Room:** “voted best place for tea in Victoria”

- Public Assets (purple):** *combination of educational and medical services such as health care, schools, municipal services, and others provided by governments/organizations; undiscovered or underutilized skills, expertise, and willingness to volunteer and participate in working toward common goals. Together, these sources of inspiration help to keep our ‘sense-of-community-wheel’ spinning!*
- 52. BC Sustainable Energy Association:** “education and advocacy to empower the community to work towards a more sustainable energy future”
 - 53. Cook Street Village Activity Centre:** “centre offering social, educational and recreational activities for persons of all ethnic and cultural backgrounds. Carole, the lady that runs it, is an absolute treasure!”
 - 54. Fairfield Gonzales Community Association:** “hub providing valued services and programming to and for the community”
 - 55. Glenlyon Norfolk School:** “provides green space, playing fields, Denford Hall for plays”
 - 56. Margaret Jenkins School:** “big shout out to the schools!”
 - 57. Pioneer Square:** “Park and the oldest cemetery in Victoria”
 - 58. Sir James Douglas School:** “great place for children to find community; appreciate traffic-calmed streets, which are often by the schools, making it friendly to pedestrians and kids”
 - 59. Vancouver Island YMCA/YWCA:** “gamechanger for our community!”
 - 60. Vancouver Cool Aid:** “essential to our community”
 - 61. Victoria Disability Resource Centre:** “a cross-disability, grassroots, not -for-profit organization run by and for persons with disabilities; inspirational feedback for this project!”

Community Inspiration Project Neighbourhood Asset Map



FAIRFIELD GONZALES
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1330 Fairfield Rd. Victoria BC V8S 5J1 place@fairfieldcommunity.ca www.fairfieldcommunity.ca

Natural Assets:

1. Boulevard Gardens (G1)
2. Brighton & Maddison Greenways(G1-2)
3. Brighton Avenue Garden (G1)
4. Brighton Garry Oak meadow & trail connector (G1)
5. Gonzales Beach (F4)
6. Gonzales Hill Park (G3)
7. Maddison mini-meadow & pollinator garden (G2)
8. Moss Rock Park (D4)
9. Pemberton dog park, sports fields & forest (E3)
10. Robert J. Porter Park (D3)
11. Ross Bay (E4)
12. Sequoiadendron tree / Old Ben Mosser (D2)

Built Assets

13. Beacon Hill Park Petting Zoo & Play Area (B4)
14. Beacon Hill Story Pole (B4)
15. Beacon Hill Tennis Courts (B4)
16. Christ Church Cathedral (B1)
17. Cook Street Playground & Fitness Circuit (B4)
18. Eberts Park (D4)
19. Fairfield Boulevard Garden (B2)
20. Fairfield Food Forest (D3)
21. Hollywood Park Ball Park (E3)
22. Olive Street Commons/Free Little Library (D4)
23. Pirate Park (C3)
24. Ross Bay Cemetery (E4)
25. St. Ann's Academy (B2)

Social Assets:

26. Clare Street Shared (G1)
27. Dallas Road Running Group (C5)
28. Fall Fairfield (D3)
29. Maddison St annual block party (G1)
30. Joseph Garden Cottage (D4)
31. Moss Street Market (D3)
32. Moss St. / TD Art Gallery Paint-In (D2)
33. November Project Victoria (B4)
34. Repair Café (D3)
35. Victoria Lawn Bowling (B4)

Economic Assets:

36. Beagle Pub (C3)
37. Big Wheel Burger (C3)
38. Cottage Bakery (C3)
39. Fairfield Bicycle Shop(C3)
41. Hemma Yoga Studio (C4)
42. Hot & Cold Café (C3)
43. Moss Street Health Care (D4)
44. Paws on Cook Pet Store (B3)
45. Pitstop Bikes Victoria (C1)
46. Red Barn (G1)
47. Ross Bay Pub (E4)
48. Savoury Café (G1)
49. Thrifty Foods Fairfield (E3)
50. The Village Restaurant (C3)
51. White Heather Tea Room(G1)

Public Assets:

52. BC Sustainable Energy Association (D3)
53. Cook Street Village Activity Centre (C3)
54. Fairfield Gonzales Community Association (D3)
55. Glenlyon Norfolk School (F2)
56. Margaret Jenkins School (F3)
57. Pioneer Square (B1)
58. Sir James Douglas School (D3)
59. Vancouver Island YMCA/YWCA (B1)
60. Vancouver Cool Aid (B2)
61. Victoria Disability Resource Centre (B1)





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MAKE YOUR FAIRFIELD GONZALES HOME MORE ENERGY EFFICIENT, COMFORTABLE AND CLIMATE-FRIENDLY

Make a New Year's Revolution for 2021!

Introduction

The Fairfield Gonzales Community Association Climate Action Group is bringing you a series of Fact Sheets (like this one) in 2021 to help you understand:

- Why it is important to move away from using fossil fuel energy to heat and cool your home
- How to make changes that will decrease your use of fossil fuels (saving you money in the process and making your home more comfortable and a more valuable asset)
- How you can join with your neighbours to learn from each other and realize bigger savings as well as swifter action to reduce greenhouse gas (GHG) emissions

Think of Your House-as-a-System

Just like your body cannot be split into separate parts when you are considering your health, your home must be considered as a system of integrated and interactive components. Thinking of your house this way will allow you to create a comprehensive long-term home energy improvement plan. This [House-as-a-System](#) approach will provide guidance on the recommended order in which to complete energy retrofits using the most effective strategies. If you're a renter BC Hydro has [energy efficiency tips](#) for you, from draft-proofing to reducing hot water usage.

How to Get Started with Energy Retrofits

Not sure where to get started with your energy upgrade plan? Use the [Step by Step Guide](#) on the [BetterHomesBC.ca](#) website for information and resources on what to do next! Make sure to check out the [CleanBC Rebate Search Tool](#) to see what rebates and offers are currently available. You can also contact the free CleanBC Energy Coach Service (see 3 below) to help answer your questions at all stages of your renovation project.



Who to contact for support:

1. Register with [Bring It Home 4 the Climate](#) (BIH) Program to access exclusive offers, events, and a Free Virtual Home Energy Check-Up.
2. Any questions - contact a CleanBC Energy Coach at 1-844-881-9790 or [ask@betterhomesbc.ca](#)
3. Contact an Energy Advisor to book an [EnerGuide Home Evaluation](#)



Typical Fairfield Gonzales Housing Stock (photo courtesy of the BC Heritage Branch)

Where is our community at now?

According to the [Victoria Climate Leadership Plan](#) buildings are the largest single source of energy use, waste and emissions in Victoria. The main source of GHG emissions in our homes and buildings come from a combination of building inefficiency and the burning of fossil fuels for heat. Unfortunately, Fairfield Gonzales has the highest proportion of households still using oil for heat in the City of Victoria. Though many households are switching from oil to natural gas, thinking it is a more sustainable solution, doing so actually locks in fossil fuel usage for 15-20 more years (average lifespan of a gas system).

Upcoming Fact Sheets:

Retrofits - April/May Heat Pumps/Solar - June/July

Stay tuned for future Fact Sheets on unbuilding and other topics!

PAGE 2 - A NEIGHBOUR'S HOME ENERGY MAKEOVER STORY



FAIRFIELD GONZALES
COMMUNITY ASSOCIATION
the place to connect

A NEIGHBOUR'S HOME ENERGY MAKEOVER STORY

Introduction

Pam's house was built in 1933 and is relatively small at approximately 1025 square feet. It is already well-positioned from a climate perspective as it is heated with electricity, is in good repair, and has thermal pane windows. Despite this, Pam decided to find out how all this worked by embarking on a greening journey for her own home.

Day-to-Day Progress

December 6 - Pam registered for the Bring It Home 4 the Climate (BIH) program; once registered homeowners are eligible to participate in a variety of virtual learning opportunities (e.g. Heat Pump webinar) and to access exclusive offers.

December 8 - Pam received confirmation and approval for the Bring It Home 4 the Climate Program.

December 9 - Being registered meant that Pam was eligible for a **free** Virtual Home Energy Check-up and report and Pam also signed up for the heat pump webinar (we'll talk more about heat pumps in a future Fact Sheet). She completed the online survey and was contacted by an Energy Expert shortly thereafter.

December 15 - Pam discussed the virtual home energy checkup report with an Energy Coach and booked a whole home 'technical energy evaluation' at the same time.



Energy Evaluation

December 29 - Informed by the preliminary findings of the virtual check-up, an Energy Advisor conducted a 2-hour technical assessment of the home's energy usage.

January 1, 2021 - the Energy Advisor, sent Pam his report with findings and detailed recommendations about how to make her home more comfortable and energy efficient for years to come!

Pam says "Although installing a heat pump was top of the list for my home, I have also wondered about solar panels - how effective are they in our cloudy climate? Who supplies them? How expensive are they?"

Stay tuned for next steps and tips for making the decisions that are right for your home and the planet!



Michel in front of the 'blower door' (click on photo to learn more about blower doors)

Find this fact sheet online on the [FGCA Climate Action Group page](#)

Join

THE FAIRFIELD COMMUNITY Book Club

LAST MONDAY OF EACH MONTH
7:15 - 9:00 PM

Meeting up via Zoom video conferencing!

for the link to join
email: event@fairfieldcommunity.ca

MAY 31ST JUNE 28TH JULY 26TH



Victoria's premier farmers market

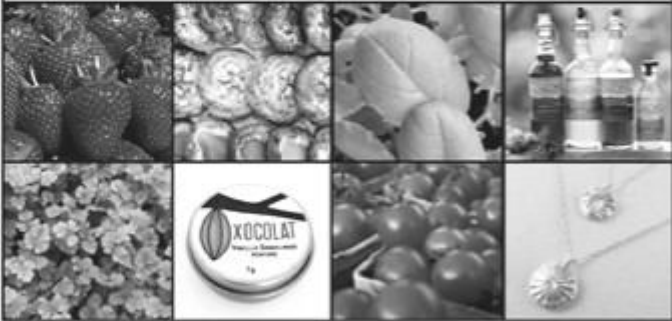


Every Saturday!

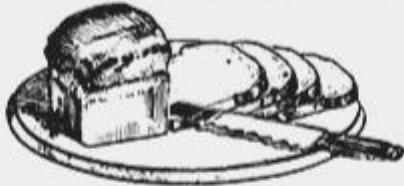
May- Oct
10am to 2pm

Nov - Apr
10am to 1pm

Your year-round, local organic farmers market



FGCA Community Dinners



By Donation

April 30th

May 28th

June 25th

Pick up at the centre- 1330 Fairfield Rd

Partly made with rescued food
Vegetarian most of the time

www.fairfieldcommunity.ca

Victoria Lawn Bowling Club

2021/22 Season

by MaryLynne Rimer

The Victoria Lawn Bowling Club (VLBC) has had a challenging year. Our club has offered year round bowling and croquet for its members for the past few years. In 2020, Covid19 restrictions saw the club close in March and, with the application of a set of safety protocols and adjusted play, open again in June. We had a full season of competition and recreational bowling and croquet. Unfortunately, the club was closed in October due a spike in cases in BC. We were able to open again in late January, 2021.

Members have expressed their thanks to the Club Executive for their commitment to ensure a safe place to play the games they love and see their friends. Getting out in the fresh and, sometimes cold air, and getting exercise has been greatly appreciated, all while remembering to sign in, stay a safe distance apart and wear masks in the clubhouse.

We're looking forward to welcoming returning and new members for the 2021 season of tournaments, leagues, daily draws and, hopefully, a return to social activities such as barbeques and fun days. Our commitment is to foster a diverse and inclusive environment where everyone is respected and treated fairly.

If you're interested in learning to lawn bowl or play croquet, we offer lessons provided by accredited coaches. Check out our website at [https://](https://www.victorialbc.com)

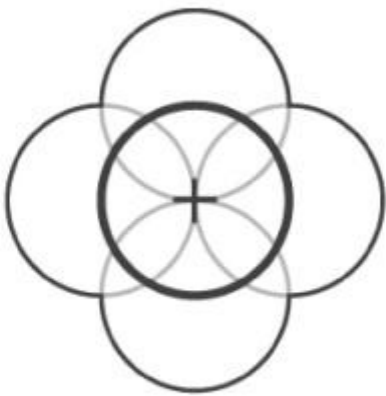
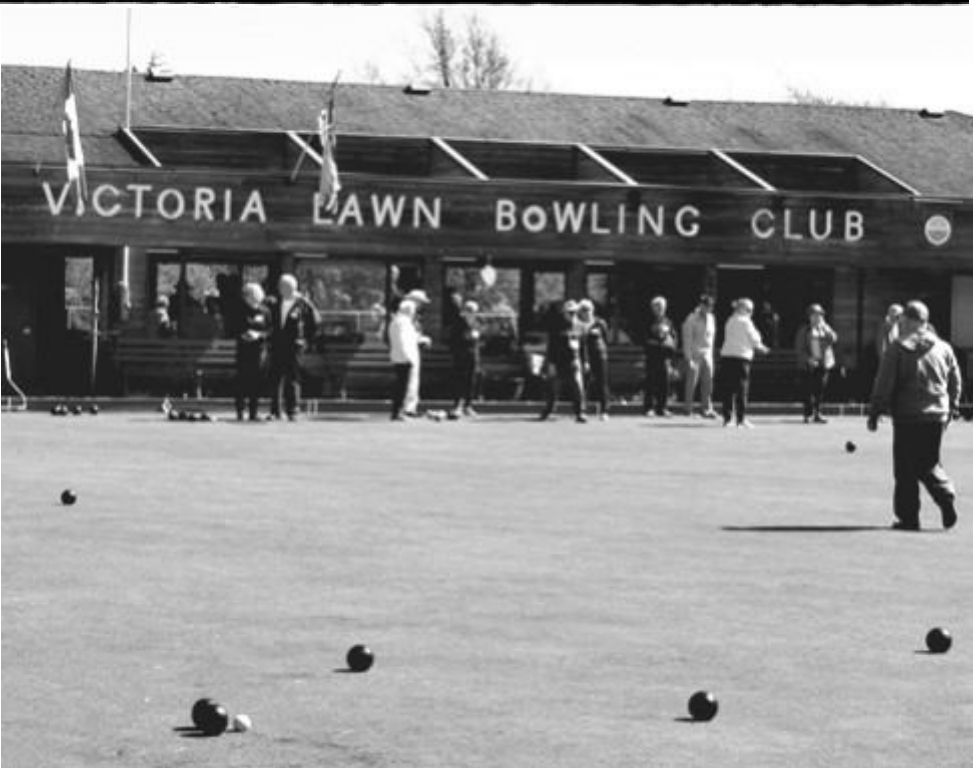
www.victorialbc.com. On the home page you will find contact emails for the player development coaches for both sports.

You are also welcome to join as a member who has played before and want to get back to your game. On the home page there's a tab for "Membership". You will find an online membership form to fill out and one to print off if you prefer paper.

Hope to see you "on the greens". Please enjoy this poem by Bill Labon, one of our croquet players.

STILL ON THE GREEN

When lawn bowlers can no longer curtsey, to launch their woods far down the green,
as arthritis sets in and the blood starts to thin, and they no longer feel like a teen.
When golfers at tee time have trouble, in whacking their balls down the course,
cuz's their spines can no longer go spiral and their swings are now lacking in force,
When tennis player's knees and their ankles, swell up from the jarring they get,
and it hurts when they stretch up for service and returns end up in the net.
When cricketer has had his innings and ability turns to bad luck,
having had a good run for his money and too often is out for a duck
When almost every endeavor, causes pain from movement too fast,
but not wanting to quit are forced admit that their game is up at last.
There is still a sport, perhaps last resort, which can bring satisfaction in time.
Still on the green in conditions pristine, your skill in due course you'll refine.
You don't have to curtsey or even bend knees! You don't have search for your ball in the trees. You
needn't bend down to pick up a ball or do anything energetic at all.
You can play all the year unless jack frosts about, and the company kept there is never a doubt, is
ever congenial, never a stress when winning is secondary. "Well more or less!"
For fresh air and fun when all said and done, you will never go wrong if you join us,
for CROQUET one day at Beacon Hill Park you can hammer away until it gets dark.
We'll lend you a mallet and show you the ropes. You'll soon be addicted and everyone hopes, you
will find satisfaction whereas before you were struggling to manage.
Well struggle no more!



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NEW
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Celebrating Biodiversity in the CRD

Join the CRD's iNaturalist Biodiversity Challenge May 21-24!

The capital region lies in one of Canada's biodiversity hotspots, bursting with an incredible diversity of plants and wildlife. Nestled among our neighbourhoods and workplaces are salmon-bearing streams, Garry oak meadows, vibrant wetlands and dynamic shorelines. In our backyards and local parks we can find pollinating insects, migrating birds, native wildflowers, and towering trees. This incredible abundance of life, or biodiversity, supports clean air and water, food security, recreational and cultural opportunities, and is key to the high quality of life we enjoy in the capital region.

Join the CRD in celebrating local species and ecosystems by participating in the 2021 iNaturalist Biodiversity Challenge, in honor of the International Day for Biological Diversity (May 22). Over a four day period, May 21 through 24, photograph and document local biodiversity in the CRD using the free iNaturalist Canada website or app, and help to build a record of the nature that surrounds us.

Participating in the CRD's iNaturalist Biodiversity Challenge is simple:

1. Find nature in your backyard, neighbourhood, or favourite park or beach. Observations of plants, animals, fungi, insects, tracks, or even scat are all welcome.
2. Ideally, photograph your observation from different angles and capture different features. Use a digital camera or smart phone.



3. Upload your observation to the iNaturalist app or website.
4. Identify your finding to the highest level that you can.
5. Interact with iNaturalist community members online to confirm the identification of your observation.

iNaturalist is a free app that is designed for use by nature newcomers as well as more seasoned naturalists. By uploading photos of local biodiversity to iNaturalist between May 21 and 24 you will join a large community of local nature lovers who are helping to inventory and celebrate the capital region's amazing flora and fauna. Observing and learning about the natural world that surrounds us can boost mental health and wellbeing, and is a key step in conserving nature for future generations. Visit www.crd.bc.ca/biodiversity for more information on biodiversity in the CRD and the iNaturalist challenge, including details about prizes and iNaturalist resources that will help you get started.



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FGCA Huckleberry Infant Toddler Centre Pedagogical Narration

Susanna Jaeckel, an Early Childhood Educator in the FGCA's Huckleberry Infant-Toddler Centre wrote this narration. Our educators use this process as an opportunity to reflect, share and expand understanding.

AD SPACE AVAILABLE
To inquire about advertising opportunities contact us...
office@fairfieldcommunity.ca
250-382-4604

Article Correction ~ In the February 2021 issue the article "Listen to Eddy's Drum, it's for you" stated that Eddy Charlie initiated Orange Shirt Day (OSD) in 2013, while in fact when Eddy Charlie & Kristin Spray were students at Camosun College they heard of Phyliss Webstad and her friend starting OSD in Williams Lake in 2013, so they decided that Victoria needed to have the same event. So as students they created their own version of that event at Camosun College in 2015 and then once they graduated from Camosun, started having events at Centennial Square in partnership with Mayor Lisa Helps.



per·spec·tive
a particular attitude, toward or way of regarding something; a point of view



Taking photographs of children is my passion. Capturing moments through my lens, my eye, my idea of what they 'see', without communication without stories. I like the silence between the shots, experiencing the way the light hits, and falls. The way the shadows fall on their faces and how the light filters through from different angles. Little fingers pointing, their gaze to follow. Maybe they turn just in the moment I gently say their name. A soft blur to highlight their expression, their curiosity, their wonder. Only guessing at their perspective, their experience in that moment. I love how this is often very subtle and invites us - the viewer - to shift our perspective. Thank you HENRY Jan 2021



"There are no seven wonders of the world in the eyes of a child, there are seven million..." by Walt Steighefitt







SUMMERTIME WORD SEARCH



Q	S	U	N	W	F	E	R	T	Y	T	E	N	T
U	I	O	P	L	I	C	E	C	R	E	A	M	K
V	M	H	N	J	S	A	F	H	G	F	V	C	D
A	B	E	A	C	H	M	L	R	D	C	G	I	L
C	U	A	V	H	T	P	I	C	N	I	C	Z	M
A	C	T	H	E	V	I	P	Z	W	C	Q	F	E
T	K	A	Y	A	K	N	F	R	T	Y	U	I	O
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O	T	O	W	E	L	H	O	G	F	D	X	S	M
N	T	U	A	I	A	A	P	S	D	F	G	H	J
K	W	L	T	P	W	O	S	I	U	S	A	N	D
F	A	N	E	Y	N	T	R	E	W	U	Q	A	S
D	V	F	R	G	H	J	K	L	K	R	C	F	R
Y	E	B	S	E	A	W	E	E	D	F	J	I	D

- | | | | | |
|-------------|-----------|-------------|--------------|--------------|
| 1. BEACH | 5. SURF | 9. SUN | 13. WATER | 17. WAVE |
| 2. FISH | 6. BUCKET | 10. TENT | 14. FLIPFLOP | 18. SEAWEED |
| 3. ICECREAM | 7. TOWEL | 11. CAMPING | 15. FAN | 19. KAYAK |
| 4. SAND | 8. LAWN | 12. PICNIC | 16. HEAT | 20. VACATION |

CAN YOU FIND THE BONUS WORD? _ _ _ _ _

My team is here to provide the assistance you need.

Laurel Collins
MP for Victoria

Laurel.Collins@parl.gc.ca
250-363-3600

/CollinsLaurel
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FGCA PHOTOGRAPHY CONTEST

SUBMIT YOUR FAVOURTIE PHOTO TAKEN IN FAIRFIELD GONZALES NEIGHOURHOOD

ENTRY DEADLINE: MAY 31ST

PRIZE: GIFT CARD TO A LOCAL BUSINESS

1st place: \$100
2nd place: \$50
3rd place: \$25

To submit your photo: check our website!



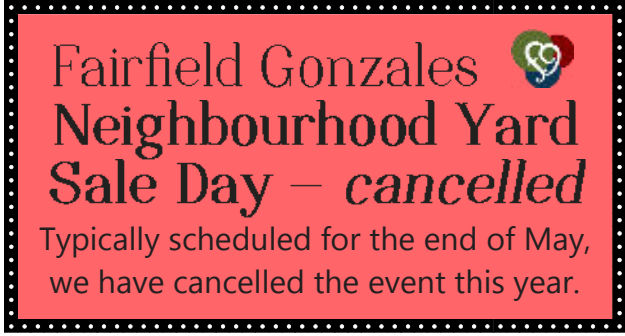
Fairfield FOOD FOREST

We need new volunteers for the Food Forest!

Learn or increase your knowledge about native plants and permaculture! Small trees, berry shrubs, herbs and more!

WORK AT YOUR OWN PACE, GUIDED BY EMILY, OUR GARDEN COORDINATOR

to book a time, please email: fairfieldcommunitygardens@gmail.com



Fairfield Gonzales Neighbourhood Yard Sale Day – *cancelled*

Typically scheduled for the end of May, we have cancelled the event this year.



The FGCA will be distributing veggie & herb starts this spring. Check our website to register & participate!
www.fairfieldcommunity.ca



My Great Neighbourhood GET GROWING + IN FAIRFIELD!

Have you been disproportionately affected by the pandemic & would like to grow food at home?

Are your children interested in growing food at home?

Get growing supplies + support for free! Spring-Summer-Fall

EMAIL YOUR IDEAS AND GROWING NEEDS TO ME: emilyhull@me.com

This project to support individual food security has been made possible by a City of Victoria "My Great Neighbourhood Grant"



GET GROWING, VICTORIA!

Learn to grow your own food!

This program created by the City of Victoria in partnership with community organizations shares free vegetable seedlings, growing materials and gardening education with communities in need. Distribution days are coming up in every Victoria neighbourhood.

DISTRIBUTION DAYS | **May 17 to June 5**
August 16 to September 3

Are you looking to garden this season but facing barriers? Find out more: victoria.ca/getgrowing

Get & Growing, Victoria!