

FGCA Recreation COVID-19 Safety Plan

Vaccination Policy

As of September 13, recreation program participants must have at least one dose of a COVID-19 vaccine, and by October 24 must be fully vaccinated (two doses) to access the programs/services listed under "required". Proof of vaccination will be required before the first attended class.

Required:

- All indoor adult recreation programs regardless of intensity (12+yrs)
- All indoor adult sport activities including but not limited to badminton and basketball (12+yrs)

Not Required:

- All outdoor recreation programs
- All indoor children's recreation programs (11 years and under)

Mask Wearing and Other Requirements

As per the updated provincial health order all people in BC 12 yrs. and older must wear masks in all indoor public spaces.

- Masks are not required while exercising however are required in "common areas of sport and fitness centres when not engaged in physical activity." Masks are not required during sport.
- Participants must wear a mask while participating in non-sport and non-fitness related activities. These include, and are not limited to, pottery classes, music classes, and other non-exercise programs.
- Face shields are not an accepted substitute for a face mask.

Children between the ages of two and 12 are highly encouraged to wear masks. Children under two, and those that cannot put on or remove a mask without the assistance of others are exempt from the mask requirement.

- DO NOT come to class if you feel unwell or have any of the following symptoms: fever, new or worsening cough, shortness of breath, sore throat, runny nose/sneezing, nasal congestion, hoarse voice, difficulty swallowing, decrease or loss of sense of smell or taste, chills, unexplained or unusual headache, unexplained fatigue/malaise
- Please bring your own water
- Please practice good hand washing hygiene

Drop-In Programs

The FGCA will **not** be offering any drop-in recreation activities. All recreation programs will require registration and proof of vaccination.

Cleaning and Disinfecting of Facility

Frequently touched surfaces (those touched by larger numbers of people) are cleaned and disinfected at least 2 times per day

Practices are in place to clean and disinfect frequently touched surfaces when they are dirty.