

MAY
JUNE
JULY



FAIRFIELD GONZALES
COMMUNITY ASSOCIATION
the place to connect

observer

FGCA PROGRAM GUIDE & COMMUNITY NEWS

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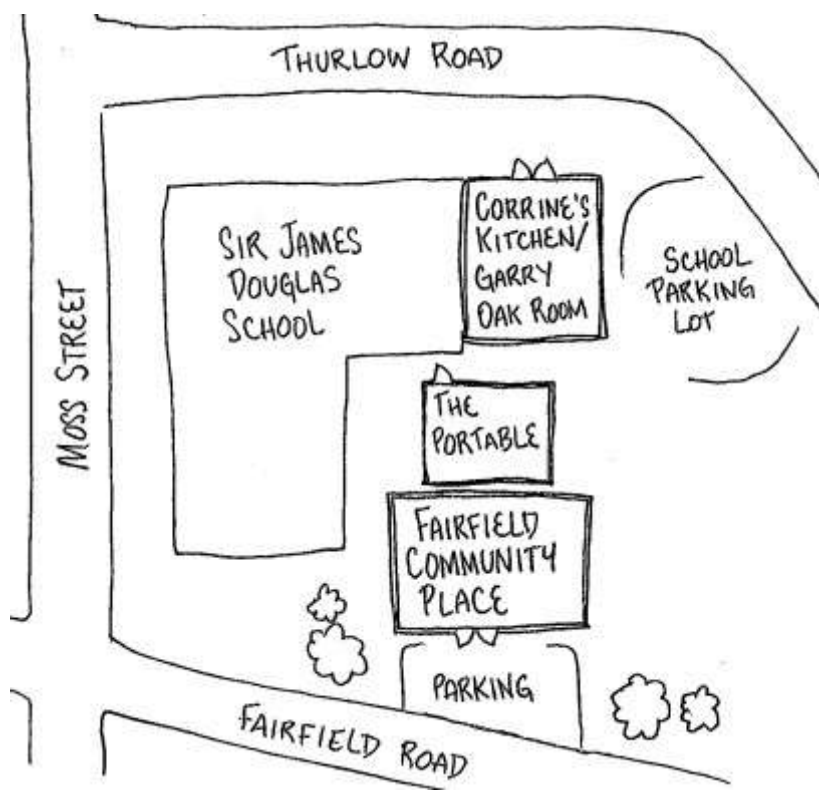
www.fairfieldcommunity.ca

1330 Fairfield Rd. Victoria BC V8S 5J1

place@fairfieldcommunity.ca 250-382-4604



FAIRFIELD GONZALES
COMMUNITY ASSOCIATION
the place to connect



Who is the FGCA?

The Fairfield Gonzales Community Association (FGCA) is a charitable society established in 1975 by a group of dedicated residents. We are governed by a Board of Directors and provide services to over 20,000 users annually. Our mission is to enhance the quality of life where we live. The FGCA runs Fairfield Community Place, a neighbourhood hub for programs and services, at 1330 Fairfield Rd. Drop by and see us!

Our Mission

“To create a connected, collaborative, inclusive and sustainable community”

FGCA BOARD OF DIRECTORS

Alice Albert	Bryan Rowley	Julia Warren
Anna Phelan	Chris Reed	Kevin White
Anne Tomin	Dave Thompson	Michael Hirsch
Brian Vatne	Don Monsour	Scott Davis
	Jennifer Matthews	

BECOME A MEMBER OF THE FGCA

Membership is free! As a member you will; have a say in who is elected to the Board, have a say in how the FGCA is governed (constitution and by-laws), be eligible to run for the Board and serve on committees. Visit our website and fill out our online membership form, or drop by the office for a paper copy.

Connect with us...

- 1330 Fairfield Rd, Victoria BC, V8S 5J1
- 250-382-4604
- www.fairfieldcommunity.ca
- place@fairfieldcommunity.ca
- [Facebook.com/FairfieldGonzalesCommunityAssociation](https://www.facebook.com/FairfieldGonzalesCommunityAssociation)
- [@Fairfield_Comm](https://twitter.com/@Fairfield_Comm)
- [@fairfieldcommunity](https://www.instagram.com/@fairfieldcommunity)

Reception Hours

Monday to Friday 9:00 am—5:00 pm
Saturday 9:00 am—3:00 pm*
Sunday closed

*We are closed statutory holidays & Saturdays on long weekends

E-Newsletter

Sign up for our monthly E-news. Email place@fairfieldcommunity.ca and receive updates on upcoming events, programs, community news and information on ways to get involved.

Registration

We accept Visa, MasterCard and American Express over the phone. Walk-in registrations may also be paid during office hours with credit card, cash, cheque or debit. Registration is on a first come, first serve basis. All fees must be paid in full at the time of registration in order to confirm a space in the program. All programs are subject to change and programs with insufficient registration are subject to cancellation. If a program does not have a minimum number of participants registered five working days prior to the program's start date, the program may be cancelled and a full refund or credit will be issued.



The Fairfield Gonzales Community Association receives financial support from the City of Victoria.

Early Childhood



Preschools

FIVE POINTS PRESCHOOL

3 - 5 YEARS

Using the Learning Through Play curriculum, we encourage the children to explore, discover, create, socialize and have fun. Facilitating problem solving skills, offering choices within a framework and getting comfortable in a group setting are important to us.

Monday, Wednesday & Friday
9:00am - 12:00pm
Sept - June

\$190/month
+ \$30 one time
administration fee

15 children
2 Early Childhood Educators
Children must be able to use a toilet independently.
Eligible families may apply for government subsidy.
fivepoints@fairfieldcommunity.ca

MOSS ROCK PRESCHOOL

3 - 5 YEARS

Moss Rock Preschool is an urban nature based learning through play program where children can connect with the natural world and each other. We believe that relationship is where learning happens. Our focus is on exploration-based learning, where the curriculum evolves from the groups thinking and play.

Monday to Friday
9:00am - 1:00pm
Sept - June

2 days a week \$210/month
3 days a week \$270/month
4 days a week \$355/month
5 days a week \$420/month
+ \$30 one time administration fee

Up to 17 children
2 Early Childhood Educators
Children must be able to use a toilet independently.
Eligible families may apply for government subsidy.
mossrock@fairfieldcommunity.ca

Daycare

CAMAS EARLY YEARS CENTRE

3 - 5 YEARS

We view children as individuals with their own ideas, cultural beliefs, abilities and interests, and strive to provide a safe and stimulating environment. Our programming focuses on the group interests and allows children to discover and learn at their own pace and develop their own individual and collective interests. Children have a desire to grow, play and learn, as well as to explore and construct knowledge about the world around them through peer interactions and play based experiences.

Monday to Friday, includes daily snack and Friday lunch
7:30am - 5:30pm
All year long

\$810 per month

+ \$30 one time administration fee

16 children
3 Early Childhood Educators
Eligible families may apply for government subsidy.
camas@fairfieldcommunity.ca

SIGN UP EARLY TO ENSURE YOUR COURSE RUNS
SIGN UP LATE AND WE PRORATE!

Info & Registration

250-382-4604

Family Drop-ins

LEARNING TO GROW ~ new!

BIRTH – 5 YEARS

Join us with your little ones in the Food Forest located in Porter Park for some hands on gardening, explorations and play. Throughout the six weeks, we will prepare the area, plant seeds and plants, make markers and watch it grow. This program is loosely structured and gently facilitated, allowing for parent and caregiver participation and opportunities for community connections to strengthen and grow. Let's build community in the Food Forest.

Wednesdays 10:00 am to 11:30am
Apr 24- May 29

By donation

PARENT & TOT PLAYGROUP

BIRTH – 5 YEARS

An opportunity for young children and their caregivers to meet and play in an informal atmosphere with toys, books and crafts. Snack provided.

Tuesdays & Thursdays, 9:00am - 11:00am
Closed for summer, last day on Tues June 25th

By donation

KINDERGYM

WALKING – 5 YEARS

A time for preschoolers and caregivers to play and learn together in a fun, positive environment. Caregiver participation is required.

Mondays, 9:15am - 10:45am
Closed for summer, last day on June 24th

1/\$2

FAMILY TALK - LAUGH, LEARN & LUNCH

BIRTH – 5 YEARS

Join the FGCA staff as we explore the challenges and joys of parenting young children over lunch. Programming will include a shared snack and group discussions as well as a shared lunch. Limited onsite childminding available.

Thursdays, 10:30am - 11:30 am
Closed for summer, last day on June 20th

By donation

BABYWEARER'S MEET-UP

The FGCA is pleased to be hosting a weekly babywearing meet-up at our Centre. Join other parents and caregivers on Friday mornings for an opportunity to learn safe and fun ways to wear your baby. Explore the benefits and variety of options that exist in a positive and relaxed environment. Experienced babywearers will be on hand to answer questions, offer advice, or help you work with your desired carrier. All are welcome.

Fridays, 10:00am - 11:30am
Closed for summer, last day on June 21

Free

Recreation

RICHARDSON SPORT

This program introduces foundational movement skills necessary for sports, including; hockey, baseball, soccer, volleyball, baseball, rugby, lacrosse, golf, basketball and football. Leaving competition on the sidelines, program is led by NCCP Certified instructors using games, songs and positive reinforcement.

ME AND MY PARENT

School Age

Out of School Care (OSC)

We offer licensed care for children who attend Sir James Douglas and Margaret Jenkins Elementary Schools.

BEFORE SCHOOL CARE

7:30am - school start

5 days a week \$110/month, \$60 for Kindergartners
Drop-in, based on availability \$10.00/day

AFTER SCHOOL CARE

school dismissal - 6:00pm

5 days a week \$325/month, \$275 for Kindergartners
3 days a week \$250/month, \$220 for Kindergartners
2 days a week \$200/month, \$180 for Kindergartners
Drop-in, based on availability \$25.00/day

BEFORE +AFTER SCHOOL CARE

7:30am - school start + school dismissal - 6:00pm

5 days a week \$380/month, \$280 for Kindergartners
3 days a week \$300/month, \$240 for Kindergartners
2 days a week \$240/month, \$200 for Kindergartners

PRO-D DAYS

8:00am-5:30pm \$40/day

Fairfield (Sir James Douglas) OSC

ffosc@fairfieldcommunity.ca

250-382-2065

Margaret Jenkins OSC

mjosc@fairfieldcommunity.ca

250-592-8800

Childcare Coordinator

childcare@fairfieldcommunity.ca

250-382-4604

Youth Programs

YOUTH ZONE

GRADES 5 & 6

A registered program facilitated in our youth space that focuses primarily on character building, gaining leadership skills, being involved in community (as well as global projects), while providing a safe, enthusiastic place to socialize close to home. Our aim is to prepare, inspire and inform our future leaders in this community, while having FUN! Limited spaces.

Mondays, Tuesdays, Wednesdays 3:00pm - 5:00pm

Sep - Jun \$175/month, includes Pro-D Days

youth@fairfieldcommunity.ca

250-382-4604

CHILL ZONE DROP-IN

10 - 14 YEARS

Bored? Come join us at our youth space at The Place and play video games, read comics, watch movies, make crafts, cook and bake, and play field games!

Thursdays & Fridays 3:00pm - 5:00pm

Sep - Jun By donation, suggested \$2/visit



Summer Camps

FGCA SUMMER CAMPS

5* - 12 YEARS

* Must have completed kindergarten

Join us each week for non-stop action and fun. We will be enjoying different themed activities, out trips and guests each week. Our camps are child-focused and activities are driven by the children and their interests. The goal of each week of camp is to facilitate exciting experiential learning and make meaningful connections within our community through projects, give-back opportunities and teachable moments. Of course there are also plenty of opportunities to be silly, get messy and chill out with friends!

8:00am - 5:30pm

Jul 2 - 5 Let's Get Moving 4/\$160

Jul 8 - 12 Art Attack #1 5/\$195

Jul 15 - 19 Sports 5/\$195

Jul 22 - 26 Oceans of Fun 5/\$195

Jul 29 - Aug 2 Scientific Discoveries 5/\$195

Aug 6 - 9 Wildlife 4/\$160

Aug 12 - 16 Art Attack #2 5/\$195

Aug 19 - 23 Summer Camp Survivors 5/\$195

See full camp descriptions on our website!

ECOQUEST KAYAKING ESSENTIALS

CAMP

8 - 12 YEARS

Must have successfully completed the "Introduction to Kayaking Camp". Kayakers will continue to build their skills including advanced paddling, safety, rescue and trip planning while exploring new locations on the water. Campers are required to bring a basic wetsuit, however, all required safety equipment, kayaks and transportation are included. www.ecoquestadventures.ca

Monday - Friday, 9:00am-3:00pm

Aug 26 - 30 5/\$309

FGCA YOUTH SUMMER CAMP

10 - 14 YEARS

In this camp, leaders will create fun games and activities to build a cohesive group identity that will explore Greater Victoria and all it has to offer.

Monday - Friday, 10:00am - 4:00pm

Adult Recreation

Fitness & Health

BANDS & BALLS

Instructor: Helen Dougherty

In this 45 minute class we use bands and small balls to work all the major muscle groups and some smaller ones as well. We then take time to stretch out the muscles we used to increase flexibility and ease of movement. This class can be done sitting or standing.

Wednesdays, 6:30pm-7:15pm

May 22 - Jun 26

5/\$40

THE MESSAGES YOUR BODY IS TELLING YOU – ARE YOU LISTENING?

Instructor: Helen Dougherty

Many people go through life with aches and pains and consider that to be normal. What if these aches and pains are messages from your body telling you what it needs to be healthy? Learn about what some of those messages might be and what you can do about them.

Saturday, 10:00am – 11:00am

May 4

1/\$15

BALANCE, STRENGTH AND STRETCH

Instructor: Isabel Santos

Learn how to strengthen your muscles safely and effectively with a variety of strength training equipment. This program will help you look better, feel better and improve flexibility, balance and strength. Part of the class is on a chair and part standing up. Basic equipment supplied.

Tuesdays, 8:30-9:30am

Apr 2 – Jun 18

Jul 9 - Aug 27

12/\$108

8/\$72

TAI CHI FOR BEGINNERS

Instructor: Jet Li

Tai Chi for Beginners is a combination of Tai Chi and Chi Gong movements which coordinate slow movements with breathing, visualizations, meridian tapping, chanting, and guided meditation. It is designed to heal the body, relax the mind and bring clarity to one's perception. The exercises are gentle, calming, holistic, easy to follow, and highly effective for releasing pain and stress. There are sitting and standing components to the class. Class content will change from time to time.

Wednesdays, 10:30am - 11:30am

Apr 10 - Jun 12

10/\$100

UNDERSTANDING YOUR ENERGY BODY

Instructor: Sheila Bell

When you know and understand your chakra system you will know that they hold the keys to healing past traumas, building lasting relationships, breaking through financial blockages, unleashing creativity, and achieving your goals. This is the fastest way to make shifts in your energy and have lasting change affecting every aspect of your life.

Saturday, 9:30am-11:30am

Jun 8 - Jun 29

4/\$159

YOGA - IYENGAR BEGINNERS

Instructor: Lauren Cox

The Iyengar approach to Hatha Yoga encourages a balance between flexibility, strength and endurance. Emphasizing correct body alignment and precision, enjoy a sense of well being and increased relaxation.

Tuesdays, 11:00am - 12:30pm

Apr 2 - Jun 18

Jun 25 - Jul 30

12/\$144

6/\$72

Tuesdays, 7:00pm - 8:00pm

Apr 2 - Jun 18

12/\$108

YOGA - IYENGAR INTERMEDIATE

Instructor: Lauren Cox

The Iyengar approach to Hatha Yoga encourages a balance between flexibility, strength and endurance. Emphasizing correct body alignment and precision, enjoy a sense of well being and increased relaxation.

Tuesdays, 5:30pm - 7:00pm

Apr 2 - Jun 18

12/\$144

YOGA - IYENGAR SUPPORT & RESTORE

Instructor: Lauren Cox

Join us for an hour of gentle yoga in the Iyengar method. A practice to support and restore.

Thursdays, 12:00pm - 1:00pm

Apr 4 - Jun 20

12/\$144

YOGA - GENTLE YOGAFIT

Instructor: Isabel Santos

Come join us for a yogafit program focused on gentle stretching, breathing, meditation, and somatic practice. This late evening class will help you relax and finish your day with a positive attitude!

Wednesdays, 6:30pm - 7:30pm

Apr 3 - Jun 19

Jul 10 - Aug 21

12/\$108

7/\$63

YOGA – YIN

Instructor: Jenny Berg

This session will target the main joints of the body (hips, back and shoulders). Classes are kept at a peaceful and mindful pace to allow deeper exploration of poses and cultivation of greater somatic awareness. Yogic poses are maintained mainly in a seated or reclined position from three to five minutes. Practices are supported with guided meditative and relaxation techniques, including breath-work. Suitable for all levels.

Special Events & Activities



FAIRFIELD GONZALES
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the place to connect

1330 Fairfield Rd. Victoria BC V8S 5J1 place@fairfieldcommunity.ca www.fairfieldcommunity.ca

Fairfield Gonzales



Neighbourhood Yard Sale Day

Saturday May 25, 2019
9 am – 1 pm

Shop at numerous garage sales throughout the Fairfield and Gonzales neighbourhoods. Check out our website to find out how you can host a garage sale and get on the map! Register your address by May 13th.

Questions? Email event@fairfieldcommunity.ca

FAIRFIELDCOMMUNITY.CA/EVENTS-PROJECTS/NEIGHBOURHOOD-YARD-SALE/



Good Food Box is a non-profit, affordable fruit and vegetable distribution system. We prioritize locally grown, unsprayed produce with a focus on seasonal fruits and vegetables. Good Food Box is a project of the Fernwood Neighbourhood Resource Group (Fernwood NRG)

Pick-up every **WEDNESDAY 3:00-6:00pm**
at the FGCA, 1330 Fairfield Rd.

Order online (min. 1 week before)
www.thegoodfoodbox.ca

Neighbourhood Yard Sale Day

Spend the day in Fairfield and Gonzales neighbourhood hunting for bargains and discovering treasures at yard sales all over the neighbourhood. The 6th annual Neighbourhood Yard Sale Day gives Fairfield and Gonzales residents the chance to host yard sales at their homes. Shop at over 50 yard sales from 9 am - 1 pm and stop by Fairfield Community Place for individual table sales, a clothing swap, and BBQ! If you are looking for household items, clothes, books and community connections, this is the day for you!

Register your Sale
Don't miss out on the biggest Yard Sale Day of the year in the Fairfield and Gonzales neighbourhood.

Register your address:
<https://fairfieldcommunity.ca/events-projects/neighbourhood-yard-sale/>

Maps available online and at Fairfield Community Place one week prior to the event.

Still have questions? Email event@fairfieldcommunity.ca



Celebrate Mom & Dad with a 3 course meal & entertainment		July Book & Puzzle Sale
Celebrating Mothers Wed May 15th 11:30 am - 1:00 pm Tickets until May 10th	Celebrating Fathers Fri, June 14th Adults: \$15 Youth: \$7.50 Tickets available til June 11th	Ice Cream Socials July 12 & 19 \$5 adult \$3 kids 1:30pm
Indigenous People's Day Celebration Jun. 28 12pm Adults: \$15 Youth: \$7.50 Tickets available until Tue, Jun. 25	Cook Street Village Activity Centre The Centre of it all! 380 Cook Street 250-384-6542	Summer Grill July 26 11am - 5pm Line Dance Party July 22 10:45am - 5pm
Multicultural Festival May 4th Free 11:30am - 2:30pm		

Repair Café

Repair Café is a neighbourhood initiative that promotes repair instead of tossing things out

Saturday July 6th
10:00am – 1:00pm
1330 Fairfield Rd.

Items you can get fixed: Small electrical appliances, Mobile phones & tablets, Toys, Furniture, Textiles, Ceramics, Bicycles, Hearing aids and more!

The Repair Café Fairfield is a free community event to which people can bring their damaged items from home to be repaired by volunteer "Fixers". It's also a chance to learn, with like-minded folks who believe in *reusing* instead of just discarding still-useful goods into the landfill. You can watch and even help, while enjoying a cup of tea or coffee. It is a positive, friendly and interesting experience for all.

Email: repaircafe@fairfield@gmail.com

Join THE FAIRFIELD COMMUNITY Book Club

Last Monday of every month
6:30 - 8:30 PM

MAY 27TH JUNE 24TH JULY 29TH

Everyone Welcome!
FAIRFIELD COMMUNITY PLACE 1330 FAIRFIELD RD



Friday
6:30pm to 8:30pm
June 14th

After June, community dinners will take a break over the summer & start up again in October, check our website for updates

Community Dinners

Check our website to pre-register and secure your spot: www.fairfieldcommunity.ca

Suggested donation of \$5.00 per person or \$10.00 for a family.

We will be offering gluten, dairy, and meat free options. We hope to see you there!

Garry Oak Room 1335 Thurlow Rd.

Adult Recreation



Parenting

CIRCLE OF SECURITY® – PARENTING

Explore the challenges of raising a secure child. Uncover how the hidden echoes of parenting from your past could be sabotaging your relationships with your child(ren), spouse, friends and clients. Discover what is hidden in plain sight! Leave this workshop feeling aware, enlightened, empowered, and transformed.

Fridays, 10:00am-12:00pm
May 3 – Jun 21

8/\$200

PARENT & CHILD EXPERIENCE – MY ADATOD JOURNAL

Do you struggle with getting your kids to do chores, eat healthy, or unplug once in a while? *My Attitude Journal* was created for a 6-yr-old who wanted to play and watch movies all summer, but discovered that taking care of her body, mind, heart and spirit filled her with resilient happiness.

Thursdays, 6:00pm-8:00pm
May 16 – Jun 20

4/\$200, per family

(No class May 30, Jun 6)

Music

AFRICAN HAND DRUMMING LEVEL I

Instructor: Jordan Hanson

Have you ever wanted to learn to play music in a welcoming group setting? It's a fun way to unwind and energize while meeting new friends! African drumming has proven health benefits and is easy for anyone to learn at any age. No need to own a drum. Beginners are welcome and drums are provided. New students can sign up at any time (classes are prorated from the start date). Award-winning instructor Jordan Hanson uses a progressive, easy to follow teaching style. Each new student receives a 24-page handbook & instructional DVD for playing along at home. www.drumvictoria.com

Tuesdays, 7:00pm - 8:15pm
Jul 2 - Aug 13

7/\$112

AFRICAN HAND DRUMMING LEVEL II

Instructor: Jordan Hanson

For students who have taken LEVEL 1 for at least one year and are comfortable playing bass, tone and slap notes. Develop your sense of timing, polyrhythm, and syncopation. Learn traditional solo phrases and rhythmic breaks. www.drumvictoria.com

Tuesdays, 8:15pm - 9:30pm
Jul 2 - Aug 13

7/\$112

Language

SPANISH FOR TRAVELLERS

Instructor: Monica Gill

If you are planning a trip to Spain or Latin America or if you just want to learn Spanish for fun – this course is for you. We will learn in a practical way how to get by during your trip in tourist situations like ordering food in the restaurant, asking for places, shopping at the market, or buying a ticket, and also about the Spanish/Latin American culture.

Tuesdays, 6:30pm - 8:30pm
May 14 - Jun 18

6/\$105

SIGN UP EARLY TO ENSURE YOUR COURSE RUNS! SIGN UP LATE AND WE PRO RATE!

Registration
250-382-4604

Facility Rentals

GARRY OAK ROOM

An open, multi-purpose room with large windows. 1500 square feet, 80 people can be seated or 100 standing. Located adjacent to the Sir James Douglas School.

\$55 Hourly

\$200 Half day (9am-3pm or 4pm-10pm)

\$325 Full day (9am-10pm)

\$50 to add Corinne's kitchen to rental, if available



CORINNE'S KITCHEN

A 900 sq. ft. commercial kitchen with 12 person seating around large, stainless steel counter. Gas grill and oven, electric cooktop, commercial fridge and sanitizer. Accessed through foyer of the Garry Oak Room.

\$35 Hourly \$150 Daily

THE PORTABLE

This self-contained space is perfect for meetings, workshops or rehearsal space. Windows let light in from two sides overlooking Porter Park. It is available evenings after 6pm and all day on weekends.

\$30 Hourly

OUT OF SCHOOL CARE ROOM

The large room that we use for Out of School Care faces south making it a very sunny and warm meeting place. Suitable for gatherings of 20-30 people, available for weekend and evening events.

\$30 Hourly

FAMILY ROOM

A bright comfortable room suitable for small gatherings of 20 people, available during evenings and weekends. It has a small living room type corner and adjustable tables. Large windows face west.

\$30 Hourly

FREEBIE NIGHT FOR COMMUNITY GROUPS

Last Monday of the Month, 6:00 – 8:00pm

Mondays: May 27, Jun 24, Jul 29, Aug 26, Sep 30

By donation

Are you looking for a space to hold your workshop, meeting, event, gathering or info session? If your event is public and free to attend, you can book "Freebie Night for Community Groups" on the last Monday of the month. We have rooms available for community activities at no cost. Clothing swap, travel slide show, potluck, travel tips workshop, movie night, book club, and board games are some example. Rooms are classroom sized and can accommodate up to 35 people, 6-8pm.

250-382-4604
info & bookings

www.fairfieldcommunity.ca
for FAQs

JOIN THE CLUB!

By Rosemary Verren-Delbridge

If you live in Fairfield, it is hard to be unaware of the existence of the Victoria Lawn Bowling Club (VLBC). Situated at the corner of Cook Street and Park Boulevard, it is an impressive building which advertises its presence with bold white lettering.

Perhaps, if you gave it any thought at all, you may have imagined it to be a club seemingly for the well-to-do, toffee-nosed elite of old Victoria. Well, you couldn't be more wrong. Instead of arcane rituals involving invitations from current members, letters from financial institutions and dodgy handshakes, all that is required to join this imposing and prestigious club is an extremely modest annual membership fee. The only other requirement is a willingness to join in, have fun and possess a modicum of sportsmanship.

For this small consideration, one gains unlimited access to the club and its various social activities as well as instruction and expert advice for either of the two games currently played. The equipment is provided so further expenditure is unnecessary and one can choose their own personal level of involvement in the club's myriad programs.

Despite its somewhat eponymous name, the club is home, not only to lawn bowling but to

croquet. Both games are played competitively at international levels and the club is not without its own star players. Perhaps you have spent time curling or playing backyard croquet. Lawn bowling has been described as "similar to curling minus the brooms, much less slippery and a helluva lot warmer". Most people have a vague idea of how these games are played. What will be less obvious to the absolute novice are the subtleties and intricacies of each individual game.

The bowls used for lawn bowling weigh around 3 lbs and are slightly elliptical which when delivered (the correct term for throwing the bowl) causes the bowl to curve one way or the other. A skilled player will know exactly how to plot the course of their bowl, depending upon the condition of the greens. The object of the game is to deliver your bowl closest to a small white bowl called the jack. Bowlers work in teams of up to four, which are drawn prior to the start of play.

Croquet is played year round unless the lawn is covered in frost or snow (which happened last February and caused much consternation as players were forced to stay home and catch up on chores instead of playing). The game can be played in teams or as a



Visitors are learning how to play croquet and to lawn bowl at the Club's annual Open House
Photo credit: Nigel Pieloth



one on one challenge. To be successful, one must use logic and devise tactics to outsmart the opponents, ideally looking three moves ahead. Defensive manoeuvres can make the game a fun challenge. Similar to the physics used in billiards, a ball struck in a certain way can speed off at a tangent or even jump through a hoop. As with any sport, practice makes perfect, but it can also become addictive. Certain members of the Victoria Lawn Bowling Club can boast the invention of a new croquet game called "Snake in the Grass," which is rapidly catching on internationally and is a variation of the more traditional golf croquet.

In its idyllic setting, the VLBC is a wonderful place to pursue these

outdoor leisure activities, develop new skills, make new friends and enjoy gentle exercise. I encourage you to visit the official website www.victorialbc.com for more comprehensive and extensive information, or stop by and speak to a player if you are passing by.

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Selene Finlayson, RHIP
Registered Hearing Instrument
Practitioner/Owner

Kate Stuart, RHIP
Registered Hearing Instrument
Practitioner/Clinic Manager

FAIRFIELD 250.590.2088 **OAK BAY 250.598.9884**
10 – 1516 Fairfield Rd. 2215 Oak Bay Ave.

NEXGEN HEARING
nexgenhearing.com

WorkSafeBC and other Provincial WCB Networks, VAC, BCEA and NIHB accepted
Registered under the College of Speech and Hearing Health Professionals of BC

**90 DAY
TRIAL**
**NO MONEY DOWN
FOR 21 DAYS**



Periwinkle
(*Vinca minor* and *major*)



Lamium
(*Lamium galeobdolon*)



English ivy (*Hedera helix*)

PLANTS THAT INVADE OUR GARDENS

By Patricia Johnston, Native Plant Gardening Consultant

When cultivating our garden it is important to be aware of the plants that like to take over. There are three ground covers, out of a number, that I consider very aggressive: English ivy (*Hedera helix*), Lamium (*Lamium galeobdolon*) and Periwinkle (*Vinca minor* and *major*). You may have one or more of them in your garden. There are other common invasive plants that we hear about more often such as Himalayan blackberry (*Rubus armeniacus*), Daphne (*Daphne laureola*) and Scotch broom (*Cytisus scoparis*) that I also hope we will keep out of our gardens. By doing so we prevent their seeds from dispersing into our parks and wild areas. These plants are called “invasive” because they take over our native flora. To learn more about invasive plants the Invasive Plant Council of British Columbia at www.invasiveplantcouncilbc.ca is a good website to learn what plants are invasive, how to remove them and what you might replace them with.

English ivy is not a nice plant to have in your garden as not only will it grow over top of everything it also loves to grow up trees. It will kill a tree if left on the tree too long.

The best way to remove ivy is to pull its vines off the ground and remove as much of the root as possible. If it is growing up a tree cut the vines at about waist height and let the ivy fall off the tree on its own. Make sure to get the roots out from the base of the tree to stop further growth. Lamium and Periwinkle can be more difficult to get rid of. What we did with Periwinkle in my garden was to dig as much out as possible, cut it back to the ground and then sheet mulch with ½ inch of newspaper covered with 4 -6 inches of leaf mulch. The Periwinkle was gone! I would recommend the same procedure with Lamium. (Cardboard can be used instead of newspaper.) There are many native ground covers that grow in similar conditions to replace these three invasive plants. They are Woodland strawberry (*Fragaria vesca*), Alumroot (*Heuchera micrantha*) and Fringecup (*Tellima grandiflora*). The shrubs Salal (*Gaulthier shallon*) and Sword fern (*Polystichum munitum*) would also be good replacements. By eradicating the invasive plants in your yard you are contributing to the health and recovery of our endangered ecosystems.

VENI, VEDI, VICI ITALIANS IN 1800s VICTORIA

By Annamaria Bamji

So many Italians contributed, in one way or another, to make Victoria what it is now. Here is one.

VINCENT (INNOCENT) RAGAZZONI

An article in an Italian paper mentioned that he was ‘nella corsa dell’oro’ and that ‘guadagnava da vivere come suonatore di violino’. As a young man he was a good musician. Also, Green wrote ‘another colourful merchant in early Victoria was Innocent Ragazzoni, a man with a musical sounding name.’

He was born in Novarda, Lombardy, in 1828. He went to California in the days of the gold rush and in 1858 he visited Victoria. He liked the place so much that he went back to California to bring his family here. He soon became involved in the city’s affairs.

He started a business at the corner of Yates and Douglas. In the 1862 list of Manufacturers, his business came under Soda Water. He sold it two years later and opened a coffee and spice shop on Johnson St. He then was affiliated with the Metropolitan Restaurant.

Like many other wealthy Italians, he belonged to the Masonic Victoria Lodge 783.’

He was a quite man but, in July 1868, a newspaper report annoyed him so much that he felt to correct this error (must do more research about it). His name immediately came to the attention of the city.

The Colonist had reported that a fire at Ragazzoni’s premises caused ‘a squad of men to be sent by Commander Larson of the gunboat forward to assist, in the event of their services being required.’ The false report might well have been a political ploy by those wanting to bring the lack of fire precautions to wider attention.

In August 1878 Ragazzoni and his family left for Valparaiso, Chile, where he was engaged in a business (more research about it too). Unfortunately, it was not a great success, as two years later the family came back to Victoria, where he bought the Metropolitan restaurant on Government Street, between Yates and View. As business was doing very well, he and his partner (I do not know who the partner was: more research from me must be done in the future), built a three-story high hotel on the same site as the restaurant.

He liked to take out his violin and fiddle the night away.

He died in March 31, 1880 at the age of 51.

Victoria, segni di una presenza. www.italiandirectory.com

Upstarts and Outcast by Valery Green



MONTHLY NEIGHBOURHOOD RECYCLING

South Jubilee Neighbourhood Association (SJNA) operates a monthly recycling depot for assorted plastics and other materials not collected by the city, or for apartment dwellers who do not have curbside recycling. Our depot is available for your materials on the 2nd Saturday of every month, from 10am – noon, at the Bank Street Art School, at the corner of Leighton Road and Bank Street. Our team of monthly recycling volunteers thank you all for bringing your materials to our drop-off depot. We recently asked the company what happens to the material we collect and how are we doing with the sorting. Here’s what Jason Adams, manager of reFUSE Resource Recovery said in his letter: “Being part of Emterra Environmental, we have some of the best end-markets available, both domestically, and internationally.

For plastics, we benefit from a close partnership with Merlin Plastics. They accept all of our plastics. They wash them, grind them, and reform them into pellets

that are marketed back to manufacturers that use them in the plastic extrusion processes. It’s a closed loop system.

I can pass on praise to you that your customers, and volunteer sorters, do an excellent job of preparing the materials to maintain their resource value.”

We wish to remind you of the following:

- SJNA pays for this material to be taken away, please remember to bring a donation to cover costs.
- Please bring clean material only.
- Please drop off your materials only during our regular hours, 10am-noon, 2nd Saturday of every month
- Bags left by our SJNA trailer outside of our normal hours attract rats and crows that make a mess.
- We always welcome new volunteers! It’s fun and helps the planet.

For complete list of what we accept, go to <http://www.southjubilee.ca/recycling.html>.

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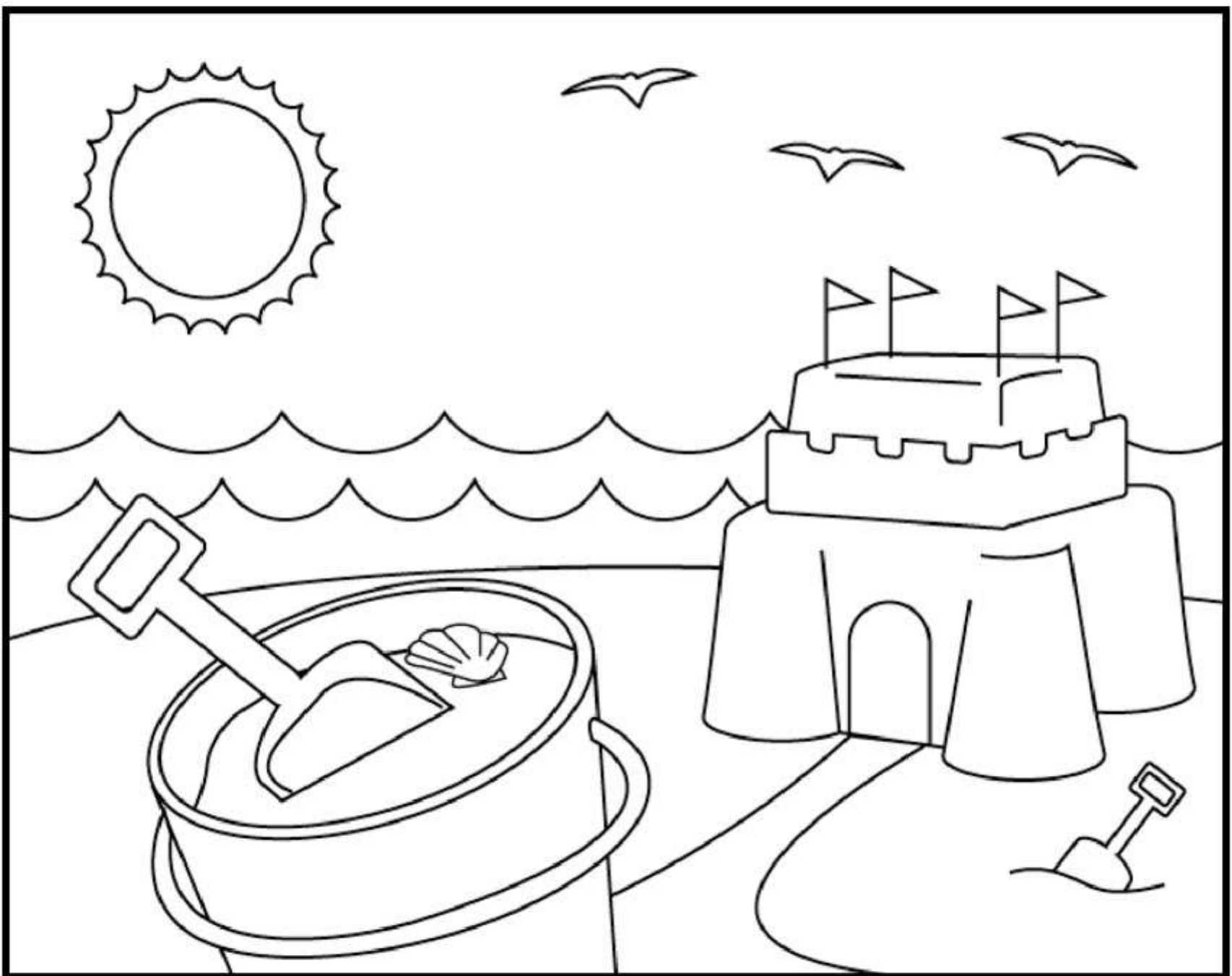
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