

FAIRFIELD OBSERVER

FAIRFIELD COMMUNITY ASSOCIATION NEWSLETTER • MARCH 1999

17TH ANNUAL FAIRFIELD COMMUNITY

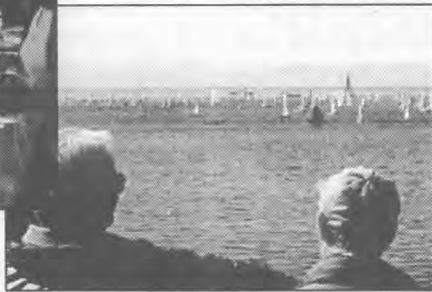
The Fairfield Community/Swiftsure Pancake Breakfast has become a spring highlight within the City of Victoria as well as with the tourist to Victoria. The day brings together over 1000 community families, friends and guests to what




has become an honoured tradition to Victoria and the Fairfield Community. The annual breakfast is a true

community commitment through local volunteers, associations and neighbourhood business support; this event is a showcase of the enthusiastic spirit of the Fairfield Community. The pancake breakfast is a great opportunity for the Fairfield Community to share its unique pride in the neighbourhood. This year's event promises to be

bigger and better than ever with local entertainment, children's events and even something for your dog. If you are interest in volunteering for this year's event please call the Fairfield Community Association at 382-4604.



Moss Street Community Market Prepares for New Season

It's the New Year and Moss Street Community Market is preparing for a new season. We will be having our AGM on March 25, 1999, at 7:00 p.m., at the Fairfield Community Place, 1330 Fairfield Road. We are looking for new board members, as a number of people will be finishing their current term. Any persons interested in joining the board of directors please come to our AGM for more information on the jobs and responsibilities our active board undertakes. We also would like to encourage more participation of local education groups. By coming to the markets on Saturdays and setting up a table, a group would have a venue for communicating with the public about important issues. If you would like more information please leave a message on our phone (250)361-2747 and someone will return your call, or join us at our AGM. 

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Published by the
FAIRFIELD
COMMUNITY ASSOCIATION

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<http://www.fairfield.city.victoria.bc.ca>

*The opinions expressed herein
are not necessarily those of the FCA.*

Editor: Joan Kotarski

DEADLINE MAY 21, 1999
FOR SUMMER ISSUE

CLEANER AIR IN FAIRFIELD – YOU CAN MAKE A DIFFERENCE

We are truly fortunate to live where we do, with the wonderful fresh air blowing in off the sea. But there are so many ways in which we contaminate this air. Many of our established patterns of living are very difficult to change even once we are aware of how our own personal choices affect the environment. For instance, we all know now that our cars contribute to air pollution, but we have become so dependent that it may feel almost impossible to do without them. However, there are other choices which can make a noticeable difference but that take very little effort.

If you use fabric softener in your laundry you are affecting the quality of fresh air in your neighbourhood. Some residents are bothered by the strong sweet chemical smell that flows out of clothes dryer vents into the open air. It is frustrating to go for a walk in the fresh air, only to be engulfed by waves of artificial fragrances; or to be sitting in your own garden and have the whole yard suddenly filled with the unwanted smell coming from a neighbour's dryer vent. More and more people are suffering from environmental allergies but simple, thoughtful choices in our daily lives can help heal our environment and make life a little more comfortable for such people.

Fabric softeners are a relatively recent addition to our modern lives and the manufacturers of these products have done a good job in convincing many people that they are a necessity of life. Often we buy and use such products without considering whether we really need them or how they may affect our immediate environment or the future health of the earth itself. For example, new parents may believe that fabric softener is necessary for their infant's comfort, not realizing that the chem-


icals in the products may harm tender young skin or immature respiratory systems.

Perhaps people who are in the habit of using fabric softeners will consider these alternatives:

- Use fabric softener only occasionally and in smaller amounts, if you must use it at all;
- Use ones that have no scent;
- If you choose to use them ask your neighbours if it bothers them - especially in the summer when people spend much time in their gardens;
- Hang to dry those items most susceptible to static cling;
- Use a clothes rack in the basement or laundry room to dry clothes in rainy weather;
- Hang clothes outside to dry naturally as often as possible and save electricity while enjoying the wonderful smell of clothes fresh off the line;
- Call the Allergy and Environmental Health Association (657-2027) for

information on the chemicals used in fabric softeners;

For people concerned about the smell of fabric softeners wafting through their neighbourhood:

- Give a copy of this article to neighbours or put it in mailboxes when you are out walking and are assaulted by those familiar chemical fragrances;
- Contact manufacturers and ask them to remove all fragrance from their fabric softeners (though all the other chemicals in these products will still be released into the atmosphere through dryer vents, at least we would not have to contend with the smell);
- * Lobby environment ministers for initiatives to regulate the use of chemical fragrances;
- * Write letter to editors to help build awareness of the need for clean, fresh air for all of us. 


*Submitted by the FCA
Environmental committee*

ROSS BAY CEMETERY – DESIGN GUIDELINES AND MANAGEMENT PLAN

During the past few months Parks Division staff have been circulating for public review and comment, a report describing contemplated changes to the perimeter of Ross Bay Cemetery. Please contact the Parks Division office if you would like to review a copy of this document (telephone 361-0600).

There are two opportunities in coming weeks to meet with Parks Division staff to learn more about this subject and to discuss any ideas or concerns you might have.

On Saturday, March 27, at 10 a.m., representatives from the Parks Division, the Victoria Police Department and Alarmguard security service will be available at the Cemetery to discuss security issues relating to the Cemetery. Please meet at the Cemetery office, located near the Fairfield Road and Arnold Street entrance to the Cemetery.

On Wednesday, April 7, at 7:00 p.m., Parks Division staff will make a public presentation about the Ross Bay Cemetery perimeter study. The meeting will take place at the Garry Oak Room, 1335 Thurlow Road. 

Community Association Network Receives Grant

This year, as in past years, CAN - the Community Association Network - has been the appreciative beneficiary of a Neighbourhood Development Policy grant from the City of Victoria. Since CAN has no formal organizational structure, Fairfield Community Association receives and disburses the CAN funds, which are used for the production and mailing of a monthly meeting notice. This year's Base Fund Grant amounted to \$400.00.

Back in 1993, CAN played a key role in working with City staff to fashion the Neighbourhood Development Policy. FCA participated in that process, and has been an active part of CAN since the network's formation. FCA's representative to CAN is Bernie Jones. 🍃

ISSUE ALERT:

Are you aware that discussions are occurring regarding the expansion and upgrading of the liquid waste treatment facility located at Clover Point? If you have concerns please contact the FCA's representative on the Advisory Committee, Merv Schmit, at 383-0267. 🍃

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ANNOUNCEMENTS

APRIL 18-24 IS VOLUNTEER RECOGNITION WEEK.

You are invited to the FCA ANNUAL GENERAL MEETING, April 26/99 at 7 pm in the Garry Oak Room.

Volunteer recognition & Refreshments

GLENGARRY HOSPITAL

Glengarry hospital welcomes volunteers of all ages (babies to retirees) to visit with frail elderly residents or take them for wheelchair walks in the Fairfield area. Please call Volunteer Resources, 370-5707.

EDITOR WANTED

If you have an interest in Fairfield, its people and the issues that affect them, and if you're looking for a creative, fulfilling, part-time volunteer position, we're looking for you.

The *Observer* is published by the FCA every two months and the editor's commitment is three to five days of editing, assigning and writing articles.

Your interest and desire for involvement in the community are more important than any background in journalism. If you think this position is for you, or you'd like to discuss it further, contact Sid Tafler at 381-4244.

SUPPORT FOR FAIRFIELD FAMILIES

Fairfield Community Place welcomes Barb Anderson, outreach counsellor for the Fairfield and James Bay area. Barb provides counselling, education and support to families wanting to work on parenting or family concerns. She will work with you in your home or at a community office to explore family strengths and needs, and to provide you with information and support to make changes. To reach Barb, phone 382-4604 (Fairfield Community Place) or 388-7844 (James Bay Community Project).

INCOME TAX PREPARATION

Jivco Jeliakov will be at Fairfield Community Place for income tax

preparation: Friday between 2 & 4 p.m., March 5, 12, 19, 26 and April 9, 16, 23, 30. FREE to low income earners (under \$25,000); SENIORS special rate: \$25.00; OVER \$25,000 income: \$40.00. Drop off forms, clearly marked with name and phone number, anytime at Fairfield Community Place. For more information call Jivko at 361-9916.

The Fairfield Community Association thanks all our partners in the recently completed Capital Project (the Garry Oak Room and Corinne's Kitchen). The next phase will be the Community Place (annex) renovation. We hope for your continued support

GROW YOUR OWN FOOD YEAR ROUND

MARCH 23, 10 a.m. - 4 p.m., Garry Oak Room, 1335 Thurlow Rd. \$49 (includes GST). Presented by CAROLYN HERRIOT of 'The Garden Path Nursery'. Coffee included, bring your own lunch.

REFERENCE LIBRARY - NEW AT FCP

Our new reference library is now available for the community to use. Many thanks to Peggy Foote who has worked hard on this project.

VOLUNTEERS NEEDED

The Fairfield Community Association needs volunteers to assist in the planning of a Year 2000 community-based celebration. Interested? Please contact Jennifer H. @ 382-4604. Positions are available on the FCA Board and committees. Contact Sid Tafler at 381-4244. 🍃

VOLUNTEER LINDA SCHWEDE

A big thank-you to Linda who has been joining us each week at FCP to assist us in keeping the kitchen clean and organized. Good work Linda; we really appreciate your help.



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CALL FOR HELP

Interested in helping set up a plastics recycling program in the Fairfield area? Call GERRY at 388-4046.

TRAGER® NEURO-MUSCULAR RE-EDUCATION IN FAIRFIELD

Trager is a re-educational process that addresses both the physical and non-physical aspects of our being. In the body/mind, every experience, whether neutral, positive or negative, is recorded and stored. Negative memories cannot be erased, but new memories and experiences can be provided. Trager breaks up inhibiting patterns in the body/mind and replaces them with pleasurable, positive experiences and memories that can be accessed by the client in the future.

Audrey Mairi, a Certified Trager Practitioner and Tutor, works with a client while in a meditative state, which allows for mind-to-mind/heart-to-heart communication to occur. This communication, that is much deeper than normal conscious thought, results in a feeling of having been 'heard', which produces safety and trust. From this place of safety, Audrey gently moves the client's body creating waves of pleasurable sensation. Each movement facilitates deepening relaxation. When Audrey comes up against inhibiting patterns, instead of pushing through them, she gently invites, from this deep level of communication, the client's body/mind to experience how it could be if everything were right. The results are a way of being that is lighter, softer and freer.

For information, appointment or free seminar contact Audrey Mairi at 595-6418. ✍

Gretchen Mann Brewin

MLA Victoria-Beacon Hill



Community Office
 382-9898

10am- 4 pm
 Monday to Friday
 970 Blanshard Street
 Victoria, B.C. V8W 2H3

FCA CALENDAR

Mar 1	Board Meeting	7:30 p.m.
Mar 22	Community Place	11:00 a.m.
Mar 23	Environment	7:00 p.m.
Mar 29	Planning & Zoning	7:00 p.m.
Mar 31	Fundraising	4:30-5:30 p.m.
Apr 2	Good Friday	Closed
Apr 5	Easter Monday	Closed
Apr 7	Ross Bay Cemetery Mtg.	7:00 p.m.
Apr 12	Board Meeting	7:30 p.m.
Apr 20	Environment	7:00 p.m.
Apr 26	Annual General Meeting	7:00 p.m.
	Planning & Zoning	7:00 p.m.
May 3	Board Meeting	7:30 p.m.
May 18	Environment	7:00 p.m.
May 29	Fairfield/Swiftsure Pancake Breakfast	8:00 a.m.
May 31	Planning & Zoning	7:00 p.m.

Call 382-4604 for more information

FCA BOARD OF DIRECTORS

EXECUTIVE:

President	Todd Weir	592-6754
Vice President	Bernie Jones	380-6025
Treasurer	Dave Davies	592-8779
Secretary	Donna Jones	598-6000
Past President	Jeremy Young	385-1365

DIRECTORS:

Denys Beames	388-5946	Fundraising
Elizabeth Chambers	381-4239	Community Place
Ally Foord	384-8229	
Bernie Jones	380-6025	Community Association Network
Andrew Laks	383-9750	
Earl Levin	384-0742	
Merv Schmit	383-0267	Environment
Dave Shrive	910-0879	
Sid Tafler	384-6903	Streetlife
John B. Waddell	592-8637	Neighbourhood Emergency Program
Todd Weir	592-6754	Planning & Zoning (Fairfield & Gonzales)

BOARD LIAISON:

Joanne Buck	477-4268	Water Advisory
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